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# Island Sun

**Trash & Treasures Sale**  
Saturday, November 3  
9 a.m. to 2 p.m.  
Center 4 Life  
2401 Library Way

VOL. 26, NO. 18

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 2, 2018

NOVEMBER SUNRISE/SUNSET: 2 7:38 • 6:46 3 7:39 • 6:45 4 6:39 • 5:45 5 6:40 • 5:44 6 6:41 • 5:43 7 6:41 • 5:43 8 6:42 • 5:42

## Restaurant Lineup For Taste Of The Islands



Crowds gathering at Sanibel Community Park for last year's Taste of the Islands, the annual fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW) This year's event will be held on Sunday, November 11 from 12:30 to 5 p.m.

photos by Jeff Lysiak

One of the best ways that local foodies can experience samples of some of Sanibel and Captiva's most eclectic and delicious cuisine is during Taste of the Islands, the annual fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW). On

Sunday, November 11 from 12:30 to 5 p.m., this year's lineup of 13 island restaurants will showcase some of their tastiest menu items at Sanibel Community Park.

"We have an amazing lineup of restaurants this year," said Linda Estep, executive director for CROW. "This is a great opportunity for the community

to come together to support each other after being hit hard with the effects of red tide this summer."

The 37th edition of Taste of the Islands will feature Blue Giraffe, The Bubble Room, The Clam Shack, Doc Ford's Rum Bar & Grille, Il Cielo, The Jac Island Bar & Grille, Matzaluna, Sandollar, Sanibel Deli & Coffee



ABC-7 news anchor Krista Fogelsong having a slice of orange crunch cake from The Bubble Room

Factory, Sanibel Fish House, Shima Japanese Steakhouse, Thistle Lodge and The Timbers.

According to event organizers, participating restaurants will offer a mouth-watering array of menu items for \$6 in CROW Bucks or less while competing for honors in a variety of

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## Marine Biologist Studies Species Of Octopus

by Jeff Lysiak

In an attempt to answer a longstanding question in the scientific community, Rebecca Mensch, marine biologist at the Bailey-Matthews National Shell Museum, has spent nearly a year studying octopuses, joining a University of South Florida – St. Petersburg (USF) research project that is also trying to identify a specific but unique species.

According to Mensch, it is well accepted that there is a small octopus that lives in the region called the Atlantic pygmy octopus (*Octopus joubini*) which lays small eggs from which planktonic (swimming) babies hatch. It is also well accepted that there is another small octopus species that lives here which looks extremely similar to *Octopus joubini*, but lays relatively large eggs from which crawling babies hatch.

Earlier this year, Mensch collected an octopus specimen from a Sanibel beach



The adult female octopus shows its oral surface and arm suckers while in a temporary observation

photos by Rebecca Mensch

following a storm. A second octopus specimen – which was nicknamed "octopup" – later hatched from an egg laid



The adult female octopus, under observation at the Bailey-Matthews National Shell Museum, crawling across a temporary observation tank

by the first specimen. "The total size of the first animal was somewhere between a lemon and lime," she said. "We estimate the age was between six to nine months. The 'octopup' did not grow quite so large, so it was probably closer to a lime in size."

Octopuses were being studied by

Mensch in part to determine if they would make a suitable species for display at the museum following an extensive renovation and expansion project when completed late next year.

The first octopus was cared for at the

continued on page 8





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A new tank and filtration system is currently being installed at CROW photos provided

## CROW Receives New Sea Turtle Recovery Tank

In March, the Clinic for the Rehabilitation of Wildlife (CROW) received a grant for \$17,843 from the Florida Sea Turtle Grants Program, which is funded by the sales of the sea turtle specialty license plate.

CROW received the grant to support a sea turtle recovery tank, which will benefit Florida sea turtles. The newly designed fiberglass tank, which is currently being installed, also features an improved filtration system. CROW was chosen for the award through a competitive application process that is open to coastal county governments, educational institutions and Florida-based nonprofit groups striving to improve the livelihood of sea turtles and conserve Florida habitats.

Launched in 1996, the Helping Sea Turtles Survive specialty license plate raises money for two important programs that benefit Florida sea turtles – the Florida Wildlife Conservation Commission's Marine Turtle Protection Program and the Sea Turtle Grants Program, which distributes money back to the local level for turtle conservation



Sea turtle specialty license plate

projects.

The sea turtle plate is currently the number two overall selling specialty tag in Florida, second only to the University of Florida specialty plate, making it the number one environmental specialty plate.

"It's rewarding to know that so many people share our concern for Florida's sea turtles," said David Godfrey, Sea Turtle Conservancy executive director. "What we do in this state has a dramatic impact on sea turtle populations around the world. By purchasing the sea turtle specialty plate, Floridians are voluntarily funding important programs to save these amazing creatures."

To learn more about the Sea Turtle Grants Program and the Helping Sea Turtles Survive specialty license plate, visit [www.helpingseaturtles.org](http://www.helpingseaturtles.org). ✨

## Sanibel Relax Tumblers On Sale At Rec Center

New Sanibel Relax 20-ounce SIC tumblers are on sale for \$30 at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. These stainless steel, double wall vacuum insulated tumblers are known for keeping your drinks ice cold longer, without sweating. They are great for hot beverages as well. All tumblers include a splash-proof flip-top lid.

The tumblers will make a great gift for the holidays. The rec center accepts credit card phone orders and offers shipping. All proceeds support City of Sanibel youth recreation programming.

For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com). ✨



Tumblers come in two colors

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Captiva Island Historical Society

# Looking Back: Dr. And Mrs. John F. Hicks



Dr. and Mrs. John F. Hicks photo courtesy Captiva Island Historical Society Archives

This week's image features Dr. and Mrs. John F. Hicks, who built a home in 1910 on Captiva Drive. That structure was demolished after Hurricane Charley in 2004, which devastated the house beyond repair.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for more information.

Visit the Captiva Island Historical Society website [www.captivaishistoricalociety.org/archives/research](http://www.captivaishistoricalociety.org/archives/research) to view many more images to bring you closer to Captiva.✧

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack. [www.batyam.org](http://www.batyam.org), 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019 11580 Chapin Lane, Captiva 472-1646

**FIRST CHURCH OF CHRIST, SCIENTIST** Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684

**SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST** The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9:00 a.m. Blended Worship Service, 11:00 a.m. Traditional Worship Service. Sunday School and nursery care at 9:00 a.m. 2050 Periwinkle Way, [www.sanibelucc.org](http://www.sanibelucc.org), 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org), 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, [ryi39@aol.com](mailto:ryi39@aol.com), 433-4901.✧

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## OBITUARY



## JOSEPH EDWARD KELLEY

Joseph Edward Kelley, 91, died peacefully on Sunday, October 28 in Clearwater, Florida after a brief illness. He spent his final month surrounded by his family.

Joe was born in Belmont, Massachusetts in 1927, served in the U.S. Navy, graduated from Georgetown University and was a volunteer firefighter. He spent most of his career as an advertising executive in New York City. He married his wife Margaret "Peggy" Peters, now deceased, in 1952, and they raised four children. Joe and Peggy

spent most of their married life in Mount Kisco, New York. They moved to Sanibel in 1987, where Joe, in semi-retirement, was a real estate agent, served on the board of the "Ding" Darling National Wildlife Refuge and was active in the local Catholic church. They moved to Palm Harbor in 2000, where Joe volunteered at St. Luke's Catholic Church and at Suncoast Hospice.

Joe is survived by his brother and sister-in-law Dan and Lillian Kelley and his sister Betsy Coakley; his children, Linda McHugh, Kevin Kelley, Laura Arsenault and David Kelley and their spouses Steve McHugh, Patricia Kelley, Steve Arsenault and Victor Kimble; grandchildren Ben McHugh, Bryan McHugh and his wife Kristina, Phil Leopardi and his wife DeeDra, Sean, Eric and Adam Arsenault and Ryan Kelley; great-grandchildren Jaxon Leopardi and Cash and Cannon McHugh.

In lieu of flowers, gifts may be made in his name to Suncoast Hospice House. A memorial service will be held at St. Luke's Catholic Church in Palm Harbor on Tuesday, November 6 at 11 a.m.\*

## Volunteers Needed For Meals Of Hope

The Sanibel-Captiva Rotary and Sanibel Congregational United Church of Christ (SCUCC) are partnering with Meals of Hope in an effort to support victims of recent

hurricanes. A meal packing event will be held at The Community House on Saturday, November 10. The goal is to 25,000 meals between 10 a.m. and noon. All ages are welcome to join in the effort to help families during their time of need.

If you would like to volunteer, call 472-0497 or stop by the church office, located at 2050 Periwinkle Way. All volunteers must sign up in advance by Wednesday, November 7.

Donations are also being accepted. Make checks payable to Meals of Hope and send them to SCUCC, 2050

Periwinkle Way, Sanibel, FL 33957.

As part of its commitment to feeding people in the United States, the Meals of Hope organization developed five meals specifically designed for the American palate. Vitamins, minerals and proteins are added as supplements to diets that may not be balanced. The fortified meals are beans and rice, macaroni and cheese, oatmeal with cinnamon sugar and diced apples, soy chicken dinner with vegetables and rice, and pasta with tomato sauce. Most of the packed meals are distributed through the Feeding America Food Bank Network.\*

## Russian Vocal Ensemble Returns November 18

The Russian vocal ensemble ChoRuss will return to St. Michael & All Angels Episcopal Church for its third appearance at 5 p.m. on Sunday, November 18 in the church Sanctuary. The ensemble consists of professional musicians singing Russian traditional and spiritual music. According to Dmitri Petrov, director and tenor of the group, the ensemble specializes in sacred repertoire of the 19th and 20th centuries that accompanies worship in the Russian Orthodox Church.

The repertoire is sung a cappella in the ancient Orthodox style. The program features music by Russian composers little known in the west, including Dmitry Bortniansky, Pavel

Chesnokov and Alexander Arkhangelsky. The program also includes Russian folk songs and Christmas carols.

ChoRuss is currently on a 20-concert American tour, with in-concert or worship service performances in Florida, Alabama, Georgia, North Carolina, South Carolina and Tennessee. The singers, conducted by Petrov, are all conservatory-trained, professional soloists.

The concert is free and open to the public. Tickets are not required. Freewill donations will be accepted. A meet the artists reception, with light refreshments, will follow the concert in the parish hall. The group's CD, *Russian Spiritual and Folk Songs*, will be available for purchase during the reception.

For more information, call 472-2173 or visit [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org). St. Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way.\*



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## Afternoon Of Song And Dance At Sanibel Church

The Fort Myers Symphonic Mastersingers Chamber Chorus, under the direction of Artistic Director Jeff Faux, will open the group's 18th season with *Shall We Dance*, an afternoon of singing and dancing in collaboration with dancers from the M&N Dance Studio. The concert will be held at Sanibel Community Church on Sunday, November 11 beginning at 3 p.m. Admission is free, and a goodwill offering will be taken during the performance.

Music for the performance will include familiar Broadway show tunes, contemporary choral pieces with dance themes, and the Brahms *Liebeslieder Waltzes*. Dancers from M&N Dance Studio in Fort Myers will accompany many of these numbers with waltzes, tangos and other dances. In addition, there will be a demonstration of dance steps and a time for audience participation.

"We like to add some different programming to our season schedule. It seemed that combining our talents with dancers was a natural fit," said Faux. "Choral music and dance are unique in that these forms of expression use only the human body to communicate. This concert will combine these two art forms in a unique and fascinating way that will be inspiring and entertaining to our



Fort Myers Symphonic Mastersingers Chamber Chorus

photo provided

audience."

Martin Cardoso of M&N Dance Studio said, "This is a wonderful opportunity for us. We don't often get the chance to dance to live music. It should be a great experience for all of us."

The singing and dancing will be accompanied by pianists Janet Carter and Judy Richey. Carter is the longtime Mastersingers' accompanist, having played for the group since its inception. Richey is a teacher at Evangelical

Christian School and has worked with many choral ensembles in the area.

For more information, visit [www.mastersingersfm.com](http://www.mastersingersfm.com).

Sanibel Community Church is located at 1740 Periwinkle Way.\*

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# Trash And Treasures Sale This Saturday

The Island Seniors, Inc. annual Trash & Treasures Sale will be held this Saturday, November 3 from 9 a.m. to 2 p.m. at the City of Sanibel's Center 4 Life. A variety of gently-used items including household furniture, glassware, accessories, home décor, sporting goods, collectibles and small electronics will be available for purchase. There will be a reasonably-priced hot dog lunch available as well.

Residents and visitors are welcome. Arrive early for best selection.

The Center 4 Life is located at 2401 Library Way on Sanibel. For more information, call 472-5743.\*



Members of the Island Seniors group with volunteers

photo provided

From page 1

## Octopus

museum approximately three months while the offspring lived its entire life at the museum, which was 11 months. The normal life span of this animal is eight to 10 months.

“We learned a lot about their feeding and care, but the biggest thing that we learned was that this local species is, unfortunately, not a very good animal to display to the public,” said Mensch. “They are great at hiding... I would often go weeks at a time without getting a glimpse of them.”

Researchers also learned of another small species of octopus in the region, known as *Paraoctopus mercatoris*, but the original description isn’t complete enough to determine if the local large egg species – like the ones studied at the museum – is *Paraoctopus mercatoris* or a third unnamed species. “The USF project is using DNA evidence and other techniques to determine once and for all if this common local large egg octopus is *Paraoctopus mercatoris* or a new species,” said Mensch.

Both specimens that were studied at the museum were preserved and sent to USF for DNA analysis.

“We had actually started to do our own preliminary research into doing this project, and as we started reaching out for collaborators on it, found that USF



Photo Rebecca Mensch

The 9-month-old “octopup” reaches out of an oyster shell to grab a live clam

photos by Rebecca Mensch

had already begun the project,” Mensch explained. “So the logical thing to do was just to include our specimens into their project.”

Scheduled to break ground later this month, preliminary plans call for “between 10 and 15” live aquarium tanks – with capacities between 100 and 1,000 gallons

– to be installed at the museum.

“We’re planning to build a natural ecosystem of mollusks, fish and other marine creatures that you might not know that much about or haven’t seen before,” said Executive Director Dorrie Hipschman, who offered that the tanks might be occupied by cuttlefish, horse conchs,

giant clams, nautilus, sea bunnies, squid and octopuses. “We want people to look closely – we want them to be amazed.”

While it isn’t certain if octopuses will be selected for display at the renovated museum, Mensch mentioned that the biggest benefit from her studies was that the museum had the opportunity to practice and refine cephalopod husbandry techniques to use for future octopus exhibits.

“The most fascinating thing about octopuses is how smart they are,” she added. “Larger, longer lived species can actually be trained using the same methods as dog training. They are well-known escape artists, but the specimens we had never seemed to try to escape... or at least we never saw any evidence of any attempts.”

Marine mollusks have unique and varied needs, which require expert care. The museum is home to live animals which are displayed in exhibit tanks, Mollusks on the Move educational program animals, and several animals used for feeding and growth research. The research conducted has led to a refinement in care, as well as published articles on the behaviors of mollusks.

To support the Animal Care and Research program at the Bailey-Matthews National Shell Museum, visit <https://donorbox.org/bmnsn-animal-care-and-research>.\*

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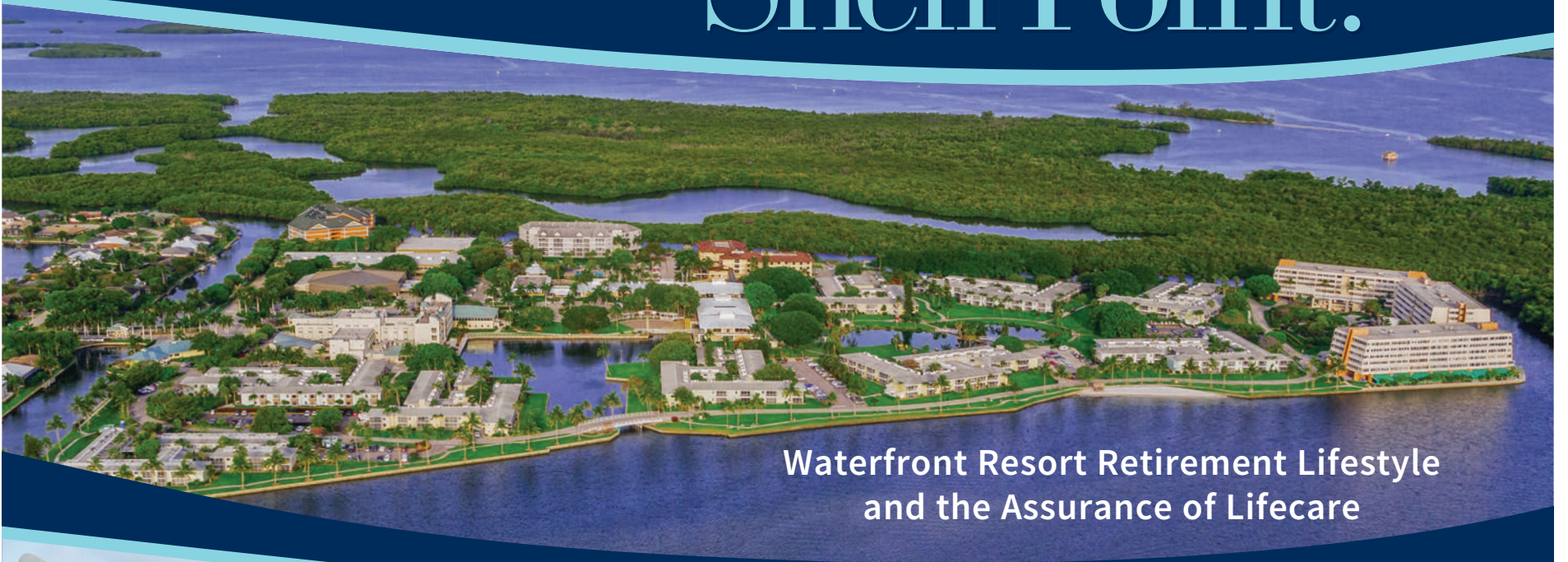
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# Free Symphonic Chorale Concert This Sunday

Sunday evening, November 4 will be a special night at Sanibel Community Church as the Symphonic Chorale performs at 4 p.m. in the church Sanctuary. The concert is free and open to the public.

Taking inspiration from British composer Gerald Finzi's choral piece of the same name, Dr. Trent Brown weaves together traditional and contemporary choral music to create an emotional experience that delights and amazes audiences. A love offering will be taken to underwrite the complimentary admission so that everyone in the community may experience the performance.



Symphonic Chorale

Following the concert, a reception will take place in the church courtyard. Donations of canned goods will be accepted from attendees to help fill the

FISH of SanCap Food Pantry. Sanibel Community Church is an evangelical, non-denominational congregation, located at 1740

Periwinkle Way, next to Jerrys Foods. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✪

photo provided

## Community House

### Kids Cooking First Mondays

The next kids cooking class will be held on November 5. Classes are held on the first Monday of the month from 2:30 to 5:30 p.m. Additional dates are December 3, January 7, February 4, March 1, April 1 and May 6.

Young chefs will learn fundamental nutritional cooking skills, basic kitchen awareness and food preparation. Students will explore different cultures using nutritious whole foods. Cost is

\$50 per session or \$175 for four classes when paid in advance. Register online.

Some scholarships are available, thanks to the Rotary and Kiwanis clubs, as well as private individuals.

### Kitchen Guild Volunteers

Kitchen Guild volunteers are needed on Tuesday, November 6 from 10 a.m. to noon to help prepare appetizers for a fundraiser, and on Thursday, November 8 from 7 to 9 p.m. to help with canning for holiday products. RSVP online by selecting the date and item.

### Hands-on Cooking Class

The next hands-on cooking class with Chef Jarred Harris will be held on Monday, November 12 from 10 a.m. to noon. Menu items include: vegetable gumbo and spicy eggplant beignets; arugula, fennel and citrus salad; jackfruit and vegetable pot pie; and pear and walnut tart with honey ice cream. Cost is \$50 for members and \$60 for guests. Cooking demonstrations will be held on Monday, November 19 from 26 from 4 to 6 p.m.

### Volunteer Training

A training session for SCA and new volunteers will be held on Wednesday, November 14 at 10 a.m. Coffee will be served and there will be an overview of volunteer areas. Register online.

### Shell Crafting

Shell Craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

### Honey For Sale

There is honey for sale, harvested from the hive at The Community House. Mango chutney is also available, made from locally grown mangos. In November, there will be holiday spiced pumpkin chutney available.

### Parent And Child Cooking

The next parent and child cooking classes will be held on November 11 and December 13. Classes are designed for 5- to 9-year-old children with a parent/adult. Cost is \$35, \$10 per each additional family member.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✪

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## A Family's Appeal to Bishop Frank Dewane to end the suffering he has caused at St. Isabel Church by returning Fr. Christopher Senk

October 11, 2018

Dear Bishop Dewane,

It has been nearly two years since we took the time to write to you expressing our outrage over the treatment that our brother, Fr. Christopher Senk, has received at your hands. When we last wrote we could never have imagined that this nightmare would go on for two years, nor could we have expected the pain to be so broadly distributed to those we number as friends in the St. Isabel parish community. Your extraordinary lack of mercy and compassion is so blatantly obvious that we find ourselves agreeing with so many who have written suggesting that you are not the type of person who should have ever been asked to take on the role of shepherding a diocese. We are certain that you are not interested in hearing from people who wish to inform you about the tragedy you are responsible for on Sanibel Island. Nevertheless, we take this opportunity to boldly share with you some of our thoughts on this frightening two year anniversary.

You have caused our brother great emotional and physical pain, the kind of pain that would make a sadist truly happy. Without due cause or process, you separated him from the home he lived in for fourteen years and from the church he loved. You have done everything possible to destroy his priesthood, making it impossible for him to exercise his God-given vocation. You have callously prevented him from celebrating the funerals of parishioners and friends, denying the requests of families, as if our brother was some sort of danger to the local community. You have made every effort to destroy his reputation, and this following the judgement of Florida's legal authorities that the claims were without merit. Indeed, the Sheriff of Lee County publicly wrote that Fr. Christopher was guilty of nothing! The excessive stress that your actions have caused has surely resulted in irreparable harm to our brother's physical health. Happily though, you have been unable to break his spirit, or the spirits of the hundreds of parishioners who continue to support him.

In spite of the many medical challenges our brother faced, he devoted his energies to the rebuilding of St. Isabel Church and to the creation of a genuine community which was widely recognized as generous, welcoming and loving. How is it Bishop that you could never recognize that? What shred of decency is missing that when the lies and falsehoods of the despicable Baltimore family were shared with you, you chose to believe them, without ever having talked to our brother, without ever having done any investigation? With no assurance that anything being reported to you was true, you chose to humiliate and malign our brother, and you did it in a way for all the world to see.

With malice, Bishop Dewane, you deliberately chose to "pass the buck" and send our brother's case to Rome, knowing that it would take years before it was settled. Your request to his canon lawyer that "no defense fund" be formed showed your desire to further cripple his efforts to challenge your abusive behavior. You could not have envisioned the resolve of those who truly knew Fr. Christopher best, the parishioners of St. Isabel, who have been so extraordinarily generous and unwavering in their support of him. We are grateful for their courage in continuing to support our brother, and we applaud their efforts to persuade you to act with justice.

It is difficult to remain Catholic at the present time when the Church is so beset by the widespread problems of priestly abuse. However, your abuse of our brother, Bishop Dewane, is on a scale we could never have expected from a so-called shepherd of the Church. Your example of cruelty towards our brother and all those you might have disagreed with is astounding, and makes the challenge of remaining Catholic even greater. Does your arrogance keep you from recognizing how much harm you have done to our brother, and how much harm you have done to the good people of St. Isabel?

We beg you Bishop, as so many others already have, to correct the egregious wrong you have done to our brother and to the parish of St. Isabel. We plead with you to restore our brother to his rightful position of Pastor, and let the Church on Sanibel begin the process of healing. Put a stop to the anguish that is felt by so many, and renew their faith in the Church. Prove that all those who say you are incapable of mercy and forgiveness are wrong, and demonstrate to the Church that you are capable of love and forgiveness. While we acknowledge that doing what is right will be humbling for you, we see your restoration of our brother's reputation and position as the only path possible to fully correct this tragic situation you have solely created. You have a choice, Bishop Dewane, to redeem your own reputation or do nothing, and further reinforce your growing notoriety as a heartless non-caring bishop without a supportive flock.

Sincerely,

Fr. Christopher Senk's Brother:  
Mr. Lynn Senk  
Amarillo, TX

Fr. Christopher Senk's Sister:  
Mrs. Cheryl Munger  
Dunstable, MA

paid advertisement





Rev. Dr. John H. Danner photos provided



Rev. Dr. Randall Niehoff

## New Course On Theologians

On Wednesday, November 7 and 14, the Rev. Dr. John H. Danner, senior pastor of the Sanibel Congregational United Church of Christ, will be joined by the Rev. Dr. Ran Niehoff, the congregation's pastor emeritus, for a two-session course titled *Four Pioneers: Twentieth Century Theologians You Should Know*. The pastors will examine the life and thought of Alfred North Whitehead, Dorothy Day, Reinhold Niebuhr and Howard

Thurman. Identical classes will be held at the church at 10 a.m. and 7 p.m. each week.

Whitehead was born and raised in the United Kingdom. Originally his work focused on mathematics, but in time he became involved in metaphysics. He is referred to as the father of process philosophy, which is considered foundational to many contemporary theological works. His *Process and Reality* is still considered required reading in the field.

Day began her career as a journalist but in the early part of the 20th century, she co-founded the Catholic

Worker movement with Peter Maurin. Many of her writings focus around the theological underpinnings of the modern social justice movement. Day is especially known for her gripping memoirs, including *The Long Way Home*.

Niebuhr was the most prominent member of a family of theologians. Known as much for his work in ethics as in theology, Niebuhr was part of the neo-orthodox movement and a proponent of realism. His works include *The Nature and Destiny of Man* and *Moral Man and Immoral Society*.

Thurman focused much of his work on race relations and is considered to be one of the major influences on Martin Luther King, Jr. and other leaders of the Civil Rights movement. Thurman is also known for his poetry, including the beloved *The Work of Christmas*.

The course is free and open to the public.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call the church office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).✽

## Surviving The Holidays Grief Support Group

Sanibel Community Church will host GriefShare Surviving The Holidays in the Men's Sanctuary at the church on Tuesday, November 13 from 5 to 7 p.m.

The class, which will also be held on November 27 and December 4 at the same time, will feature a video discussion and support group for grieving participants. It is open to all people who have experienced grief.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, call 472-2684 or email Maryelle Pavelka at [maryellej@hotmail.com](mailto:maryellej@hotmail.com).✽

## Women's Guild Meetings Resume



Angel C. Duncan speaking to guild members photo provided

St. Isabel's Women's Guild held their first meeting of the year at the church parish on October 25. Following a brief meeting, the newly elected president, Annette Hendrick introduced guest speaker Angel C. Duncan, MA, FMT, ATR, from the Neuropsychiatric Research Center. Duncan's presentation, entitled *Understanding Alzheimer's Disease: Facts, Figures and Future Outlook*, covered topics including management of dementia, and barriers to helping patients live well with Alzheimer's Disease.

The program was followed by a question and answer period with the audience. Nonperishable food items were donated by the guild for distribution to Catholic Charities in Fort Myers.

Membership is open to all ladies of the parish. Those interested in joining should contact membership chair Dottie McGovern at the church, 472-2763.✽

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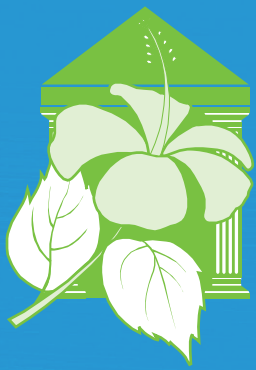
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## Plant Smart

## Elderberry

by Gerri Reaves

**E**lderberry (*Sambucus nigra* subsp. *canadensis*) is native not only to Florida but to most of the U.S.

A member of the honeysuckle family, it is also called American black elderberry, southern elder, common elder, sweet elder, gulf elder and Florida elder.

Typically, it's found in the wild in moist freshwater areas such as marshes, along ponds or canal banks, and in low hammocks or cypress swamps.

Its numerous attributes recommend it for the South Florida landscape: wildlife friendliness, low maintenance, ornamental beauty and use as a food source.

This fast-growing, multi-branched shrub or small tree reaches a height of 10 to 15 feet with an equal width. The bark is rough.

The opposite leaves are glossy and pinnate (once-divided) and about six inches long. Occasionally, it is bipinnate.

Five to 11 sharp-pointed toothed leaflets (opposite pairs plus a terminal one) each measure one to three inches long, giving the tree a lacy look.

The tree is evergreen in South Florida, but deciduous in more northern regions.

Flowers and fruit appear much of the year. The showy white flower clusters attract butterflies and a variety



**Profuse clusters of berries are consumed by birds and other wildlife. People use them to make wine, jelly and other foods.**

photos by Gerri Reaves

of pollinators. The tiny five-petaled fragrant flowers can be used to make tea or – surprise – champagne. They can even be dipped in batter and deep-fried or added to pancake batter.

Elderflower water is used in making perfumes and sweets.

The tree bears profuse clusters of berries of an eighth- to a quarter-inch in diameter. Small, glossy, and purple-black, the fruit attracts birds and other wildlife. However, the tree's foliage is



**Glossy fruit and lacy foliage give elderberry ornamental value**

toxic to livestock.

People consume the fruit in many ways. Everyone has heard of elderberry wine, but did you know that the berries can be eaten raw or used to make pies, jam, syrup, or jelly?

The down side is the fruit's bad taste when raw, which drying or cooking helps to eliminate.

Native Americans used various parts of the plant as a food source and as medicine.

Elderberry prefers full sun to partial shade, adapts to a variety of conditions, including nutrient-poor soil, and is pest- and disease-resistant. The species is not salt tolerant.

Because it is thicket-forming – to the point of being called weedy – it works as a screen, wind break, or barrier. Optional maintenance is periodic cutting back or the removal of suckers to prevent spreading.

If you grow the elderberry for the berries, be sure to plant at least two different cultivars for cross-pollination.

Propagate it with seeds, cuttings, or suckers.

The hollow stems can be used to make flutes and peashooters.

Sources: *Florida, My Eden* by Frederic B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *Florida's Incredible Wild Edibles* by Richard J. Deuerling and Peggy S. Lantz; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson; *Wild Plants for Survival in South Florida* by Julia F. Morton; [www.edis.ifas.ufl.edu](http://www.edis.ifas.ufl.edu), [www.floridata.com](http://www.floridata.com); [www.fnps.org](http://www.fnps.org), and [www.regionalconservation.org](http://www.regionalconservation.org).

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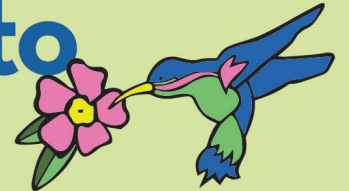
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Shell Of The Week

# Netted Pyram



by José H. Leal,  
PhD, Bailey-  
Matthews National  
Shell Museum  
Science Director  
and Curator

The Netted  
Pyram,  
*Peristichia*  
*agria* Dall, 1889 is  
a local gastropod  
of the hyper-

diverse family Pyramidellidae. Its shell  
may reach 7 mm (about 0.3 inch), and  
the surface sculpture includes three  
*spiral* (coiling) cords (four on last whorl)  
crossed by about 20 *axial* (vertical) ribs.  
The combination of spiral cords and  
axial ribs impart a reticulated, or net-like,  
pattern to the shell surface, and small  
nodules form at the intersections of the  
cords and ribs. The shell color is cream-  
white. Pyrams are parasitic snails, living  
on or in the bodies of other mollusks,  
worms, sea anemones and crustaceans.  
Learn more about this species and other  
local mollusks at [www.shellmuseum.org/southwest-florida-shells](http://www.shellmuseum.org/southwest-florida-shells) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

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The Netted Pyram, *Peristichia agria*, from Sanibel

The Bailey-Matthews National  
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photo by José H. Leal

Sanibel-Captiva Road. Call 395-2233  
or visit [www.shellmuseum.org](http://www.shellmuseum.org).

# Last Chance To Register For Scavenger Hunt

Last minute registrations are still  
being accepted for Sanibel Sea  
School's 1st annual Flip Flop Family  
Scavenger Hunt, to be held on Saturday,  
November 3 starting at 10:30 a.m. This  
family-friendly event promises a day of  
fun for groups of all ages, including island  
and ocean trivia as well as creative,  
hands-on challenges. All proceeds will  
support the organization's scholarship  
fund, which provides meaningful ocean  
experiences to those in need.

"At check-in, each team will be  
handed a book of clues and challenges,  
each worth a set amount of points,"  
said event coordinator Chrissy Basturk.  
"They will have a set amount of time to  
accumulate as many points as possible."

There will also be an opportunity for  
participants to win a diamond flip flop  
pendant, donated by Lily & Co. Jewelers.  
At the end of the day, a beach bonfire  
celebration will take place at Lighthouse  
Beach.

Tickets are \$25 per participant, which  
includes an event T-shirt. To learn more  
and register, visit [www.sanibelseaschool.org/flipflopfundraiser](http://www.sanibelseaschool.org/flipflopfundraiser) or call 472-8585.

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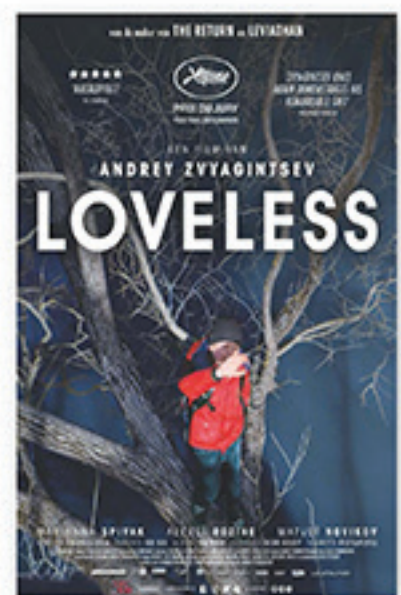
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## Beach Fishing Frenzy



by Capt.  
Matt Mitchell

The first cold front of fall blew threw over the weekend, bringing northwest winds and dropping temperatures. This much-awaited, end-to-our-summer heat and humidity will

kick the southbound annual bait migration into even higher gear. The amount of life both out on the beaches and through the sound will only continue to improve with the passing of these next cold fronts. This change of season is the transition time for both our migratory species along with our resident species to pack on weight for winter. The next few months or until the water temperature drops below the low 70s brings some of the most wide open fishing of the year.

The action was nuts out along the beaches this week. Tarpon, sharks, mackerel and many other species worked tightly packed bait schools, often feeding right on the surface. Seeing rolling tarpon all around the boat that ate almost whatever you pitched at them was amazing. Feeding frenzies of sharks splashed around right on the surface. This is what our fall fishing is all about. Locating these fish frenzies out on the Gulfside during calm or east winds is just a matter of running until you find feeding

birds. Afterwards, you can often stay with these fish for hours and then return to the same general area for the next several days. Most of this action was within a few hundred yards of the beach. The best bite for me came while free-lining large shiners through the activity to jump tarpon and catch sharks. Ladyfish, mullet and even plugs and jigs also caught these fish.

Once you locate the action, move into the area slowly. You don't want to motor right into the activity. Not only will you spook the fish, you will mess it up for anyone else. There are plenty of fish out here, so keep a good distance from the other boats and everyone will get a shot at them. There is nothing worse than having another boat just out for a ride run right through the fish and put them down.

The snook bite continues to go off back in the bay. In the past few weeks, I don't remember catching so many slot-sized snook. The tide pattern this week has been low water, so I have been setting up in deeper mangrove holes and shorelines. Chumming a few live shiners quickly lets you know if you are in the right place. The bigger mangrove snapper we caught all summer long seem to be about done as they are getting tougher to catch by the day. On windy days, I've been taking a few shrimp that have caught redfish, sheephead and even a few black drum.

As the winds lay back down after this cold front, I cannot wait to get back out on the beaches and enjoy some of the best tarpon fishing of the year. Some years these fish stay as late as Christmas. It just depends on when it gets cold and



Chuck Johns from Missouri with a 30-inch snook caught and released with Capt. Matt Mitchell this week

photo provided

they migrate out. Get out and enjoy the frenzy while they are still here.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives

in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

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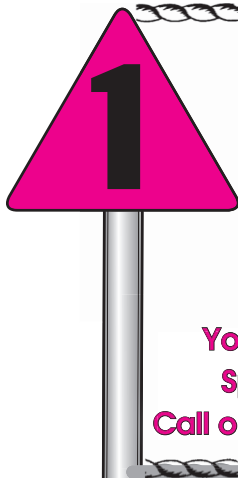


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Dave Doane



## CROW Case Of The Week:

## Opossum Babies

by Bob Petcher



The Virginia opossum (*Didelphis virginiana*) is not limited to the Cavalier State. It can be spotted in much of the United States east of the Rocky Mountains, but also found on the West

Coast as well as Mexico, Central America and parts of western Canada.

The Virginia opossum is the continent's only marsupial, an animal sporting a pouch, like a kangaroo or a koala. It has a triangular head and a long pointed snout with grayish fur all over except for its ears, tail and feet. In fact, while a possum doesn't hibernate in winter, it often takes shelter during extremely cooler weather due to its risk of getting frostbite on those furless body parts.

No need to worry about these frisky mammals, though. They are survivors, since the species has been around for at least 70 million years, making them one of the Earth's oldest creatures. Their resiliency is due to their protective behavior of running, growling, urinating and even defecating when approached by a predator. If that doesn't work, they'll "play possum" by rolling over, stiffening up, slowing up their breathing and surrendering to a catatonic state to deceive attackers.

However, the lifespan of an opossum is unusually short for a mammal of its size. Ordinarily, it lives for only one to two years in the wild and as long as four or more years in captivity.

Female possums have the potential to have three litters of babies per year, ranging from seven to 25 babies per litter.

At CROW, the Virginia opossum is one of the more common babies seen at the clinic. Often times, their mothers are victims of being struck by a vehicle or other life-ending trauma. Without a mother to care for them, the babies are raised at CROW to have a shot at growing up and being released in the wild. With sometimes as many as 50 or more infant possums at the clinic, staff and students are kept busy with around-the-clock care.

"The youngest opossum babies require feedings every two to three hours, which typically works out to six feeds per day," said Dr. Robin Bast, CROW's staff veterinarian. "In some cases, this means their earliest feeding is at 6 a.m. and the last feeding as late as 11 p.m. As they grow and start to eat semi-solid foods on their own, we decrease the number of feedings they get per day."

Due to the large amount of infant possums at the clinic, there is a designated room to care from them. It is dedicated in the memory of a longtime CROW volunteer and supporter, according to Dr. Bast.

"We have a room that is almost exclusively used for raising baby opossums and houses neonate and juvenile opossums. In 2018, it has housed over 230 patients so far," she said. "The room was dedicated in Ann Arnoff's memory



Virginia opossum infants rest during a stay at CROW

photo by Brian Bohman

this fall, and state-of-the-art incubators were installed for the tiniest babies thanks to donations by the Spohr Charitable Trust."

Unlike other wild mammal babies, opossums cannot be nipple-fed due to their many sharp teeth and must be tube-fed until they are old enough to be transitioned to solid food. Once the opossums are eating a solid diet of various foods and have reached a certain size, they are moved to an outside enclosure until they are big enough to be released.

"Young opossums start to transition from formula onto solid food between four and seven weeks of age, when their eyes are open and their fur thickens," added

Dr. Bast. "The baby opossums typically stay indoors until approximately 12 weeks of age and weighing about 150 grams. Then, they spend a few weeks in outdoor enclosures until they are ready for release at around 15 weeks old and weighing around 300 grams."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or [reservations@crowclinic.org](mailto:reservations@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations are offered at 11 a.m. only. Wildlife Walk hospital tours are offered on Wednesdays, Thursdays and Fridays at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, November 2, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, November 2, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Monday, November 5, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and



under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Tuesday, November 6, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will

be present.

**Wednesday, November 7, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, November 7, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on our sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

**Thursday, November 8, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, November 8, 11 a.m.,**

adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.✧

## Rec Center After School Program Winter Trimester

Registration is open for the 2018-19 Sanibel Recreation Center After School Program Winter Trimester. The after school program runs Monday through Friday from 2:10 to 5 p.m. throughout the school year. It is available for children ages kindergarten through eighth grade. Offered again this year will be trimester payment options.

Registration fees are as follows:  
Grades K to 5  
November 5 to February 22 – Members: \$402; Non-members: \$502  
Grades 6 to 8  
November 5 to February 22 – Members: \$211; Non-members: \$263  
Financial assistance is available to families of program participants based upon individual need.

For more information, call the Sanibel Recreation Center at 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✧

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**Wild Turkey Cottage Pie**

- 2 cups cooked wild turkey meat, diced or shredded
- 1½ cups green beans, cooked until tender crisp
- 1½ cups sweet corn, cooked and cut off the cob
- 1 cups carrots, cooked
- 1 cup brown gravy (homemade or store bought)
- 2 cups mashed potatoes (homemade or store bought)
- Sea salt and fresh ground pepper, to taste

Preheat oven to 350 degrees and spray a baking dish with quick release spray. Beginning with the turkey and in a layering fashion, spoon each ingredient over the next, finishing with



**Wild Turkey Cottage Pie**

the mashed potatoes (the order of ingredients is discretionary except for the turkey and mashed potatoes). Bake 30 minutes until the mashed potatoes are golden brown. Serve warm.

photo courtesy Fresh From Florida

Fresh From Florida food fact: Sheppard's Pie traditionally uses lamb meat as the protein. When any other meat is used, it is referred to as Cottage Pie.✱

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**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Woody Brubaker plays on Sunday. Dusk returns on Wednesday. Barbara Dexter performs on Thursday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.✱*

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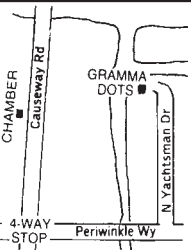


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## Celebration On Cayo Costa This Saturday

**C**elebrate Cayo Costa! will be held at Cayo Costa Island State Park on Saturday, November 3 from 9:30 a.m. to 2:30 p.m. The event is hosted by Friends of Cayo Costa State Park.

Tickets are \$40 for adults and \$30 for children under the age of 12. Friends of Cayo Costa members receive a \$10 discount per adult ticket. Price includes transportation to and from the island, all activities, catered barbecue lunch by Bubba's Roadhouse and a free pass to visit another Florida state park. The event will take place rain or shine.

The day will feature tours of the island, including a walk to the pioneer family cemetery, and nature and shelling beach walks. The Randell Research Center will have Calusa artifacts on display and live animal demonstrations will be provided by Clinic for the Rehabilitation of Wildlife (CROW). Park staff will be presenting information about the island state park. Families can try their hand at palm weaving and a variety of shell crafts.

Fort Myers Beach songwriter Sheena Brook will be performing during lunch. Activities will be held at the state park landing area off Pelican Bay and beachside near the pavilions and beachside campground area.

Captiva Cruises, Tropic Star Cruises and Kingfisher Fleet tour boat services are offering roundtrip transportation included with admission on a limited, first come, first served basis. Attendees are encouraged to reserve early.

For reservations, call 283-0015 for departures from Bokeelia, 472-5300 for departures from Boca Grande, 472-5300 for departures from Captiva and 639-0969 for departures from Punta Gorda.

Private boating parties are encouraged to attend and may purchase tickets on the island. Dock space is limited and available on a first come, first served basis.

Sponsors for the include Captiva Cruises, King Fisher Fleet and Tropic Star Cruises. Volunteers are from CROW, Randell Research Center, Lee County Conservation 2020 and Calusa Blueway, Barrier Island Park Society, Bailey-Matthews National Shell Museum and Friends of Cayo Costa.

Visit [www.friendsofcayocosta.org](http://www.friendsofcayocosta.org) for more information.\*



Stop by and see some of the classics on the islands  
photos provided



## Motor Club Cruise-In Saturday

**T**he SanCap Motor Club will hold another Cars & Coffee Cruise-In this Saturday, November 3 from 9 to 11 a.m. in Periwinkle Place shopping center. No pre-registration is necessary. Club membership dues for the season are \$58 and include a club T-shirt and a membership badge. SanCap Motor Club members meet on the first Saturday of every month and the second Tuesday of every month for dinner.

All are welcome to attend; there is no better excuse to get that "classic"

out of the garage and show it off. A continental breakfast, coffee and other refreshments will be provided by the Blue Giraffe Restaurant.

For more information, call Scot Congress at 472-4177 or email [scot@scongress.com](mailto:scot@scongress.com).\*

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## The Community House

## Lentils



by Resident Chef Jarred Harris

The lentil is a plant grown for its lens-shaped seeds. These edible seeds have been a part of the human diet for 8,000 years, or before pottery was used. The plant originated in the Middle East and was one of the first crops domesticated in the world. Lentils have been found in Egyptian tombs dating as far back as 2400 BC.

Lentils have some of the highest levels of protein in the plant world. In fact, only soybeans and hemp have more. Because of this fact, and due to their high iron content, lentils play a very important role in the diets of countries with large vegetarian population, such as India.

For centuries, lentils were considered to be "the poor man's meat." In Catholic countries, people who couldn't afford fish would eat lentils during Lent instead.

There are many different varieties and colors of lentils, including, yellow, black,

orange, red, brown and green. They are sold in many forms, with or without the skins, whole or split. The most common types of lentils used in the United States are green and brown. These varieties are popular because they are best at retaining their shape after cooking and they do not need to be soaked in water prior to cooking.

Lentils are an excellent source of dietary fiber and are also rich in vitamins B9, B1, B5 and B6 and minerals such as phosphorus, iron and zinc. Lentils are also used in the treatment of intestinal disorders, ulcers and slow-healing sores in India.

Here is a simple recipe to try:

**Red Lentil Pâté****Ingredients**

1 cup red lentils (sorted and rinsed)  
4 cups water  
1 bay leaf  
3 tbsp. extra virgin olive oil  
1 medium onion (finely diced)  
1/3 cup pine nuts  
3 garlic cloves (minced)  
1 tbsp. tomato paste  
1 tsp. ground coriander  
1/2 tsp. ground caraway seeds  
1/2 teaspoon ground cumin  
1/8 tsp. cayenne pepper  
1 tsp. sea salt  
Juice and zest of 1/2 lemon

**Method**

Place the water in a sauce pan and bring to a boil. Add the lentils and bay leaf and simmer until the lentils are tender (about 30 minutes), strain and set aside.

Heat the oil in a sauté pan and add the onions, pinenuts and garlic. Cook until the onions begin to brown, then remove from the heat.

Add the tomato paste, spices, juice and zest to the pan and mix until well incorporated. Place all ingredients in a food processor and blend until smooth.

Remove the pâté from the food processor and place in a serving dish or ramekins. Garnish with lemon and serve with toasted pita and chutney.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.\*

## Camera Club Meetings

The Fort Myers Camera Club invites all levels of photographers to attend its meetings from 7 to 9 p.m. on the first and third Fridays, November through April.

Meetings are held at the Fort Myers Congregational United Church of Christ, located at 8210 College Parkway in Fort Myers. Emphasis during the meetings includes all aspects of photography with an emphasis on learning, sharing, group outings and competition opportunities.

Annual membership is \$25 for a single person or \$35 for family. Visit [www.fortmyerscc.com](http://www.fortmyerscc.com) for more information.\*

## American Legion Post 123



American Legion Post 123 is serving barbecued ribs and chicken this Sunday, November 4 from noon to 8 p.m. The following Sunday, November 11 is Veterans' Day and the Sons of the American Legion will be offering a prime rib dinner free of charge to all veterans.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

The Ladies Auxiliary is taking orders for pumpkin pies for Thanksgiving. Orders must be placed by Friday, November 16; pick up is Wednesday, November 21.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.\*



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UNTIL 10 PM



# BIG ARTS Kicks Off Monday Night Film Series

BIG ARTS is kicking off its 22nd season of the Monday Night Film series, which runs from November 5 through March 25. The popular film series has another fantastic lineup of award-winning films handpicked from film festivals around the world by the volunteers on the BIG ARTS film committee. All films are shown in BIG ARTS Schein Hall at 7 p.m., followed by a moderated discussion in Phillips Gallery.

This year's lineup features a wide array of genres, including documentaries, dramas and comedies from across the globe. This season includes films from the United Kingdom, Norway, Japan, Russia, Chile and Spain. "We're very excited about the variety of films being shown this season" said Visnja Gembicki, chair of the BIG ARTS film committee "We love offering a forum for film buffs in our community to gather and see the types of films that you might only see in local theaters for an extremely limited run, or not at all."

This year's lineup opens with the award winning documentary *Itzhak* (2017) on November 5 followed by *The Kings Choice* (2017) on November 12, *Film Stars Don't Die in Liverpool* (2018) on November 19



image provided

and *Loveless* (2018) on November 26. December kicks off with the acclaimed documentary about Supreme Court Justice Ruth Bader Ginsburg *RBG* (2018) on December 3, *A Fantastic Woman* (2018) on December 10 and *Lean on Pete* (2018) on December 17. After a short break for the holidays, the series picks back up in January with *Oh Lucy!* (2018) on January 7, *The Death of Stalin* (2018) on January 14, *Summer 1993* (2017) on January 21 and *Columbus* (2017) on January 20.

Stay tuned for the February and March lineup, which is still to be announced. "We're very lucky to have dedicated volunteers who travel the globe attending film festivals and hand select films to bring and share with the Sanibel community," said BIG ARTS Executive Director Lee Ellen Harder.

"We are very proud with how the film program has grown at BIG ARTS. It's a testament to the hard work put in by volunteers and staff." For Monday Night Film tickets, visit [www.bigarts.org](http://www.bigarts.org) or call 395-0900. BIG ARTS is located at 900 Dunlop Road.\*

# Paddlers Club To Host November Bay Outing

by Ocean Tribe Paddlers

Sanibel Sea School's Ocean Tribe Paddling Club organizes a meet-up each month for paddling enthusiasts to enjoy a group paddle, share tips and ideas, and meet new friends to paddle with.

On Thursday, November 15, we will be exploring Fisherman's Key in San Carlos Bay. Those interested in joining the paddle should bring their own paddling equipment (kayaks, canoes, stand up paddleboards and other paddle-powered vessels are all welcome). A limited number of loaner boards are available, but must be reserved via email in advance ([oceantribepaddlers@sanibelseaschool.org](mailto:oceantribepaddlers@sanibelseaschool.org)).



[sanibelseaschool.org](http://sanibelseaschool.org)). We will launch at 4:45 p.m. from the north side of Sanibel Causeway A (the causeway island closest to the toll booth). Please arrive 10 to 15 minutes early. Be sure to visit the Ocean Tribe Paddlers' Facebook page for any weather updates. We will post about any schedule changes at least one hour prior to the event. The paddle route will be around Fisherman's Key and back to the launch site. The paddle should take a little over an hour. Return to launch site estimated at 6 p.m. Afterwards, join us for a social hour at Doc Ford's Rum Bar and Grille. This is a great opportunity to chat with like-minded people without concentrating on paddling.

Your first Ocean Tribe Paddlers event is free, then it is requested that you purchase a membership via our website. RSVP to [oceantribepaddlers@sanibelseaschool.org](mailto:oceantribepaddlers@sanibelseaschool.org).

*Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.\**

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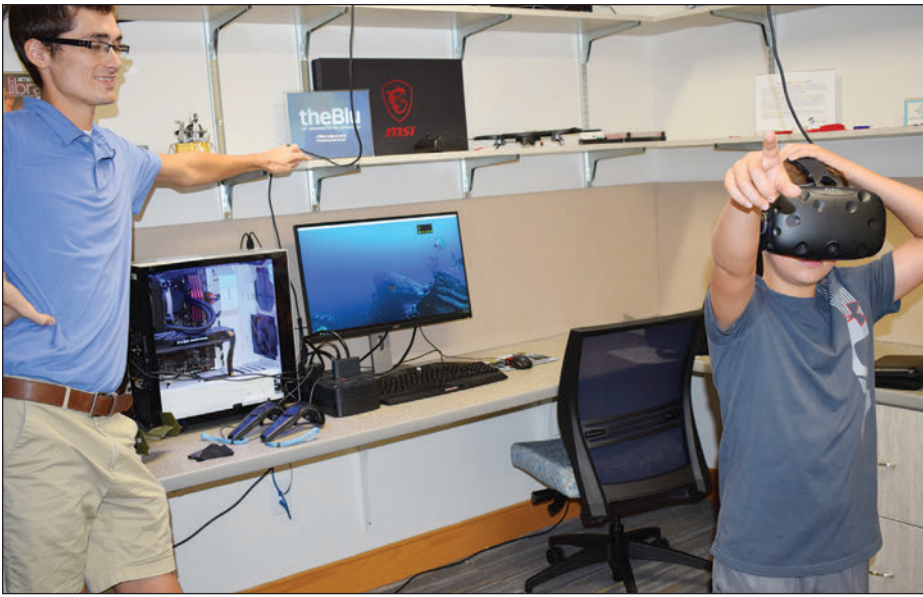
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Carter Allen experiences VR with Danny Hussey at Sanibel Public Library photo provided

## Gaming And Tech Programs At Sanibel Library

As Sanibel Public Library continues the next phase of Your Library Reimagined remodel project, parts of the library are being renovated as the facility is open for normal operating hours. Popular services like printers, high speed WiFi, newspapers, puzzle table and the Reading Porch are available.

Stop by the library's tech area from 3 to 4 p.m. on Friday, November 2 to test

drive a virtual reality (VR) viewer. Patrons age 10 and older can experience *Under Sea Adventure: Blue Whale Encounter* and *Coral Reef*, a VR underwater world. Paint your own masterpiece in Google Paint. First come, first served; no registration required.

International Games Week will be celebrated at Sanibel Public Library from November 5 to 8. Games, from solo to multi-player, will be set up Monday through Thursday.

Learn about MakeyMakey computer circuitry, and build a circuit that turns fruit into musical instruments. For ages 8 and older, the program runs from 3 to 4 p.m.

on Tuesday, November 6 and 13.

Weekly youth events run through November 15, and resume November 27:

Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building and playing, with books and a snack.

Family Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew, for children in

kindergarten to third grades, will meet at 3 p.m. on Thursdays. Books, games and crafts, plus a snack will be provided.

If you love dogs and books, read to Bessie, a bearded collie and reading education assistance dog. Sign up on the spot at 3:45 p.m. on rain-free Thursday afternoons. The program finishes by 5 p.m.

Weekly children's programs are listed on the library's online calendar. No registration is required for children's weekly library programs.

For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

## Critical Thinking Series To Feature STEM Presentation

In recognition of National STEM Day, Florida SouthWestern (FSW) State College is hosting a STEM Panel presentation as part of its Critical Thinking Lecture Series. The program will be held in Building AA-177 at the FSW Thomas Edison Campus on Thursday, November 8 at 12:30 p.m.

The STEM Panel will feature three Southwest Florida women – Reema Bhatia, Pricilla Doyle and Kelly Sloan – who have built their careers in STEM fields.

Bhatia is the founder and managing partner of Stickboy Creative, co-founder and managing partner of Vectra Digital,

continued on page 30



Kelly Sloan

photo by Jeff Lysiak

## "Top 5 Breakfast in Florida" - Southern Living

### BEST OF THE ISLANDS - 15 YEARS & COUNTING!

Full Liquor Bar

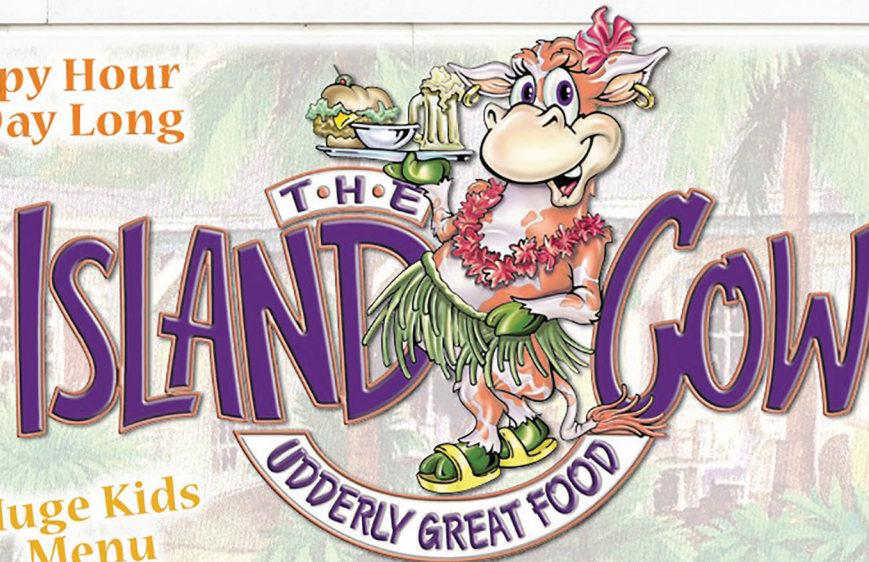
Happy Hour  
All Day Long

Fresh Seafood &  
Dinner Specials

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Huge Kids  
Menu



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Book Review

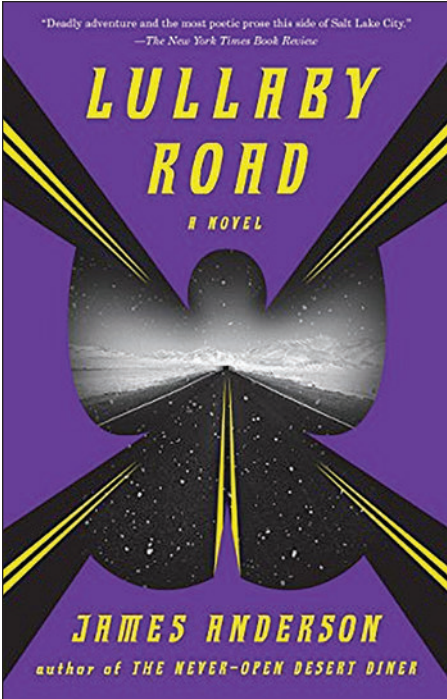
Lullaby Road



by Di Saggau

Author James Anderson is coming to Sanibel. He will do a book signing for *Lullaby Road* at MacIntosh Books on Thursday, November 8 at 4 p.m. The book is a powerful literary crime novel

about parenthood, loss and the desert in winter. Ben Jones is a local truck driver. He is still heartbroken over the murder of the woman he loved, and now spends his days traversing icy roads and serving as the region's sole lifeline to the outside world. He delivers supplies to locals who live off Route 117, a remote road through the Utah desert trafficked only by those looking to escape their past. The oddball characters in this unconventional mystery are unlike any others. Everyone seems to have a haunting past. Ben wonders what lies in John's past. "I'd often mused on what compelled a man to move to a dying town in the high desert of Utah and take up hauling a cross up and down an isolated highway six months a year." And John is just one of the many colorful characters you'll meet. In spite of their oddities, they are believable. Ben is melancholy most of the time, but that turns to a desperation when he suddenly finds a mute Hispanic child who



has been abandoned at a seedy truck stop along his route. The child has a note that reads "Please, Ben. Bad trouble. My son. Take him today. His name is Juan." And then at the bottom of the note it says "Trust you only. Tell no one." From that moment on nothing will ever be the same. Ben, despite deep misgivings, and without any inkling of the grave danger he's facing, takes the child with him in his truck and sets out into an environment that is as deadly as it is beautiful. *The Huffington Post* writes, "The world of the desert and of Ben Jones'

life come alive through the skilled artistry of Anderson's talent. His description of the scenery is mind-blowing, and his creation of characters is even better. You have never read someone who writes like Anderson. He has a unique way of expressing himself in his pages. An artisan of the highest ranking in developing a plot that fascinates readers." I devoured the book in one day

School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, So often, as a parent, it is too easy to focus on what our children cannot do, how they fall short or what they are doing wrong. Here is a

list of general and academic strengths that children display. Of course, no one child will display all of these but many children will display many of them. Take time to identify those you see in your children and communicate your praise for the strengths you see them demonstrate. Your praise will increase your child's confidence and support them as they work to utilize their strengths.

- General Strengths:**
- Is able to work or play independently
  - Is interested in doing well
  - Understands and sets goals
  - Wants to/is eager to learn new things
  - Asks for help when needed
  - Works well/gets along well in groups or one-to one
  - Is able to organize items and thoughts
  - Admits disappointments/mistakes and can move on
  - Has passions and hobbies
  - Can plan ahead
  - Makes good choices
  - Is curious and creative
  - Problem-solves well
- Social Strengths:**
- Shares, takes turns and negotiates
  - Seeks out social interactions
  - Asks for help and comfort when needed
  - Is comforting and offers help when needed, likes to help others
  - Accepts personal responsibility for actions (good and bad)
  - Has a good sense of humor
  - Doesn't follow the crowd (resists peer pressure)
  - Follows rules and routines well
  - Accepts redirection well
  - Is able to make friends and keep them
  - Is truthful and honest
  - Has positive relationships with adults
  - Shows empathy and sensitivity to others
  - Reacts appropriately when frustrated (such as not hitting)
- Language Strengths:**
- Is able to express needs, wants and ideas verbally
  - Uses inflection and expression when speaking
  - Understands jokes, puns and riddles
  - Can talk about events in the correct and logical order
  - Understands the give-and-take of conversation
  - Uses grammar appropriate to his age
  - Has and uses a growing vocabulary

enjoying the story and his poetic prose. Amid the heart-pounding plot, there are unexpected twists. And yet with his amazing use of language, Anderson makes you laugh at times. He is a sympathetic narrator in talking about the realities of being both good and bad. *Lullaby Road* is a mix of landscape, character, wit, intrigue and suspense and is definitely worth your time.\*

- Is interested in listening to stories, music and other activities
- Participates in discussions at home, at school and with friends
- Answers who, what, when, where questions in conversation (or about a story)
- Uses inflection and expression when speaking
- Literacy Strengths:**
- Enjoys reading
  - Can match letters to sounds and sounds to letters
  - Can sound out unfamiliar words
  - Recognizes sight words
  - Can follow written directions
  - Recalls and retells stories and facts after reading
  - Can make predictions based on what's happened so far in the story
  - Can pause when reading and return to that sentence after being interrupted
  - Reads accurately and with expression
  - Figures out what new words mean by looking at the context or asking questions
  - Has creative and imaginative ideas; likes to tell stories
  - Makes connections between reading material and personal experiences
- Math Strengths:**
- Sees and understands patterns in nature and in numbers
  - Remembers math facts and can perform mental math
  - Thinks logically
  - Understands math concepts and can apply them to the real world
  - Uses and understands math vocabulary
- Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*

**Hurricane Relief Fundraiser**

The Florida Department of Education, Florida Education Foundation and independent booksellers across the state have joined together to host Re-book to Re-build: Hurricane Relief Fundraiser. A portion of sales on November 3 and 4 at participating bookstores will fund grants that will enable schools impacted by Hurricane Michael to re-stock libraries and classrooms. MacIntosh Books and Paper in Palm Ridge Place will be donating 10 percent of its sales on November 3 and 4. Store owner Rebecca Binkowski said, "As Floridians, we know the challenges faced by our neighbors and are eager to help bring the power and joy of reading back to Big Bend and Panhandle students."\*

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Hello Shoppers of Sanibel,

Here at Jerry's Foods of Sanibel we carry the finest products on the island – our selection cannot be beat! Our friendly staff is hard at work, ready to help you with recommendations and completing your shopping trip in a relaxed and enjoyable environment.

We love getting involved in our community and actively participate in events and gatherings in our neighborhoods – with loyal customers and travelers, alike!

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Regards,

Jerry's of Sanibel

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..... Thur., 11.01.2018 - Wed., 11.07.2018



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**Chicken  
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lb.



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Fresh  
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**3<sup>99</sup>**

save  
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**6<sup>99</sup>**  
lb.

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At Periwinkle & Casa Ybel



BIG ARTS Ethics Film Series

Passengers



by Ron Green

On Wednesday, November 7 at 12:30 p.m., the Island Cinema will show *Passengers*, the fourth and final movie in this year's BIG ARTS Ethics Film Series. The film runs 116

minutes. After the movie, a discussion will take place at the cinema.

*Passengers* is a 2017 science fiction drama directed by Morten Tyldum and written by Jon Spaihts. The film stars Jennifer Lawrence as Aurora Lane and Chris Pratt as Jim Preston, passengers on the interstellar spaceship *Avalon*, transporting 5,258 people on a 120-year voyage to a distant colony planet. When his hibernation module malfunctions and wakes him prematurely, Preston faces challenging choices about how he will live out his life. He is counseled, and perhaps unwittingly betrayed by Arthur, a robotic bartender wonderfully played by Martin Sheen.

While most films reflect the ethical values of the world they present, only a select few films present sharp and not easily resolved conflicts between competing ethical values. Each of the four films in this series asks its leading characters and viewers, "In view of the values in conflict at the center of this



image provided

story, what is the right thing to do?"

Among the ethical questions raised by *Passengers* is how we may responsibly respond to the prospect of extreme suffering. Is it ever justified to relieve your own suffering by causing other persons to suffer as well?

Wednesday's discussion will be led by Ronald M. Green, professor emeritus for the study of ethics and human values at Dartmouth College. Green is a Sanibel resident. Tickets are \$7, available at BIG ARTS or the day of the film at Island Cinema, located at 535 Tarpon Bay Road.\*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [Islandsunpoetry@gmail.com](mailto:Islandsunpoetry@gmail.com). Each week, an individual poem will be showcased.

What the Library Understands

for the ever-helpful Sanibel Librarians

by Hannah Star Rogers

A donkey knows as much about the straight-line as we do

And what it wants is probably not in front of it

I am weaving between books ignoring all the

Good advice about Dewy and his Decimals

Pulling from both sides, against the cord of intention, the professional knowledge of the naturalist what

We might call the mechanical part of understanding the cloning of a mushroom in a starch-based glue

Training and pruning are crucial for dye-making cases and categories cannot provide a lens

Past the windows, she say the yellow leaf shape: oblong with oblique teeth

Disappearing into the taxonomy of thought the art of the production of non-knowledge

The salient features are feasible as sand and sediment move lower based on the grade

Narrowing toward the portrait of the stages of the self

Refusal-to-go-on the providence of those who understand the line.

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the Kenyon Review, LA Review of Books, Carolina Quarterly and Southern Women's Review.\*

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops:

Wheel Throwing and Slab Building with Clay with Martha Grattan – Tuesdays, November 6 through December 11, 1 to 4 p.m.

Adult Tap with Bobby Logue – Tuesdays, November 6 to 27, 12:30 to 2 p.m.

Beginner Tap with Bobby Logue – Tuesdays, November 6 to 27, 2:15 to 3:15 p.m.

Life Drawing Open Studio Non-instructed with Carol Rosenberg

– Fridays, November 9 to 30, 9:30 a.m. to noon.

Understanding and Drawing Drapery with Francesco Gillia – Tuesday, November 13, 9:30 a.m. to 3 p.m.

What Do I Do With All These Photos? Learning to Manage Your Images and Gain Peace of Mind with David Batley – Wednesday, November 14, 10 a.m. to 12:30 p.m.

Paint with Friends Open Studio with Jane Hudson – Wednesdays, 1 to 4 p.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops), or email [info@bigarts.org](mailto:info@bigarts.org).\*

From page 27

STEM Presentation

and former CTO of Jet's Pizza. She specializes in Blockchain, AI, digital transformation and emergent technology convergence, and she consults companies on transitioning to technology with a focus on artificial intelligence, big data and machine learning.

Doyle is a forensic death investigator with the District 21 Medical Examiner's Office. She serves as an adjunct instructor in the School of Business and Technology at FSW. She is a board certified fellow with the American Board of Medicolegal Death Investigators and a member of professional organizations including the American Academy of Forensic Science and the Florida Association of Medical Examiners.

Sloan is coordinator of the Sanibel-Captiva Conservation Foundation (SCCF) Sea Turtle Program. After receiving her bachelor's degree from Virginia Tech

in biology, she worked as a research technician in a Virginia Tech lab, investigating how animals use the magnetic field to orient and navigate. Her strong interest in international conservation took her to South Africa to study baboons at Wildcliff Nature Reserve and then to Costa Rica to volunteer with a sea turtle nesting program.

Free and open to the public, the Critical Thinking Lecture Series features college and community leaders who discuss how they use critical thinking skills in their profession or focus on critical topics from their area of career or academic interest. Presentations take place weekly, and the fall series runs September through November. The full schedule can be viewed at [www.fsw.edu/ctls](http://www.fsw.edu/ctls). Presentations can be viewed live on the Thomas Edison Campus or digitally at all other FSW locations.

For more information, contact Whitney Rhyne, director of strategic initiatives, at 433-6943 or [whitney.rhyne@fsw.edu](mailto:whitney.rhyne@fsw.edu).\*

Annual Turkey Drop!!

Sanibel East End Turkey Drop and Roll to Benefit Harry Chapin Food Bank

Drop Off: Wednesday, November 14, 10 am - 1 pm  
444 Lagoon Drive, Sanibel (East End)

For Questions: 239-395-2476

Frozen Thanksgiving Turkeys Needed!  
Nonperishable Food Baskets, If You Wish.

Thank you!







This loggerhead was found on July 24 by SCCF Shorebird Biologist Audrey Albrecht. Between July and September, 192 dead sea turtles washed up on Sanibel and Captiva beaches photo provided

## Water Crisis Presentation November 15

Learn about the 2018 Water Crisis from those who were on the front lines. Presented by the Sanibel-Captiva Conservation Foundation (SCCF), the Evenings at the Homestead presentation will be held at the Bailey Homestead Preserve on Thursday, November 15 at 7 p.m. Tickets are \$10. Doors open at 6:30 and refreshments will be available.

Whether you lived through the water quality crisis that reached its crescendo in this summer, or followed the national news coverage remotely, this presentation is your opportunity to hear from those who worked on the front lines. Speakers will be addressing the red tide in the gulf, the

freshwater toxic blue-green algae in the Caloosahatchee and the devastating effects on marine life and the coastal economy.

Learn about what happened from a scientific, policy and business perspective, the formation and recovery of a dead zone offshore in the gulf, and steps we can all take to prevent and minimize future disturbances to regional water quality.

There will be presentations and a panel discussion with: Rae Ann Wessel, SCCF natural resource policy director; Dr. Eric Milbrandt, SCCF marine lab director; James Evans, director of natural resources – City of Sanibel; Dr. Rick Bartleson, SCCF research scientist; and Kelly Sloan, SCCF Sea Turtle Program coordinator.

For tickets, visit [www.sccf.org](http://www.sccf.org), click on Resources, then Calendar and follow November 15 link to Eventbrite.

Bailey Homestead Preserve is located at 1300 Periwinkle Way. Call 472-2329 with any questions.✱

From page 1

## Taste Of The Islands

categories. Attendees of the Taste cast ballots to decide the winner of the coveted People's Choice award.

Dishes to be judged (by category) include:

### Best Appetizer

The Clam Shack – Clam Strips; Il Cielo – Escargot Vol-au-vent; The Jac Island Bar & Grille – Pork Belly; Sandollar – Bacon Wrapped Scallops with Tropical Fruit Salad; Sanibel Fish House – Wasabi Crab Cake; Shima Japanese Steakhouse – Tuna Poke Bowl; Thistle Lodge – Spicy Tuna Wedge & Parsnip Mashed Potatoes

### Best Seafood

Blue Giraffe – Causeway Quesadilla; Il Cielo – Scallops with Lemon Grass Vinaigrette; The Jac Island Bar & Grille – Grilled Octopus; Sandollar – Shrimp & Crab with Bacon Jam & Tomato; Shima Japanese Steakhouse – Shima Roll; The Timbers – Crunchy Grouper Fingers

### Best Dessert

Doc Ford's Rum Bar & Grille – Chocolate Banana Bread Pudding with Vanilla Ice Cream & Caramel Sauce; Sanibel Deli & Coffee Factory – Apple Crisp with Vanilla Ice Cream; Sanibel Fish House – Stuffed Key Lime Cheesecake; Thistle Lodge – Florentine & Tropical Fruit Napoleon

### Best Meat

Blue Giraffe – El Pastor Tacos; Doc Ford's Rum Bar & Grille – Texas Ribs with Coleslaw; Matzaluna – Chicken Picatta over Orzo; Thistle Lodge – Short Rib & Gratin; The Timbers – Lamb Chop Lollipop

### Best Vegetarian

Il Cielo – Vegetable Ravioli with Roasted Pepper Sauce; Matzaluna – Zoodle Mediterranean

Taste of the Taste will be decided from the above dishes.

Admission to Taste of the Islands, which can be purchased online or at the event, is \$7 for adults and free for children less than 12 years of age. This year's family-friendly event also features live entertainment by Private Stock Band. Inside The Community House, next door to Sanibel Community Park, guests can meet CROW's animal ambassadors and bid on silent auction items.

The Presenting Sponsor is Edison National Bank/Bank of the Islands. Event sponsors also include The Silverman Organization as Gold Sponsor, Jensen's Marina, Dave and Jennifer Nichols, Suncoast Beverage, and Heidrick & Co. as Silver Sponsors, FOX 4 as Lead Media Sponsor, *The News Press* as Lead Newspaper Sponsor, and *Island Sun/The River Weekly News*, *Coaste Magazine*, *Florida Weekly*, *Santiva Chronicle* and *Times of the Islands Media* as Supporting Media Sponsors.✱

### BIG ARTS Monday Night Film Series

## Itzhak

by Di Saggau

The BIG ARTS Monday Night Movie for November 5 is *Itzhak*, a documentary about violinist Itzhak Perlman. He plays the National Anthem for a Mets game, seems scrubbed of ego, and most importantly, he plays the violin, filling the film with the yearning strains of his instrument.

Perlman discusses his violin, including its presence at Auschwitz. The film crew follows him unobtrusively through New York moments, observing the Sabbath with family, rehearsing a trio or maneuvering his scooter through snow. His wife Toby is with him.

Aside from frank views of his crutches and leg braces, and a mention of early rejections because of his handicap, the film glides lightly and uncritically along the surface of a life.

In *Itzhak*, we spend time with his personality, which radiates joy about art, thoughtfulness when he reflects on his life, happiness around loved ones, and passion for teaching. It is a joyous film about a joyous man, good-humored, earthy and inspiring. A sneak peek into the life of an iconic New Yorker will inspire wonder of art, music and family.



image provided

The film runs 83 minutes. Moderator for the evening is Di Saggau. Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at [www.bigarts.org](http://www.bigarts.org), at the door or by calling 395-0900.✱



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The documentary, *The End of the Line*, focuses on challenges faced by global and local fisheries photo provided

## Sea School Lifers Program Begins

by Jeff Lysiak

Now that the fall season has finally arrived, adults seeking to continue their educational journey can take advantage of the Sanibel Sea School's

latest series of classes that will offer compelling lectures, boat trips, social events and documentary screenings.

Sanibel Sea School Lifers – aka SX3 Lifers – are specially-designed programs for adults divided into three series – fall, winter and spring. Each series will have a theme, and there will be a variety of learning opportunities related to that

continued on page 11B

## SCCF Appoints New CEO As Lindblad Retires

The Sanibel-Captiva Conservation Foundation (SCCF) Board of Trustees and CEO Erick Lindblad announced that, effective January 1, 2019, Ryan Orgera, PhD, will take the helm as SCCF's new chief executive officer.

"While this is a very bittersweet transition for me and my family, I am completely confident that I'm passing the baton to the right next leader for the foundation," said Lindblad who is stepping down after 32 years of service. "I am eager to work side by side with Ryan through two months of orientation prior to my departure."

To ensure a smooth transition, Orgera began working full-time at SCCF on November 1, and Lindblad will remain as CEO through the end of December.

"The strategic planning and recruitment process spanned 18 months," said SCCF Vice President Doug Ryckman, who chaired the CEO search committee. "It was thorough, expansive and we had



Ryan Orgera photo provided

candidates from across the U.S. and several other countries. The search resulted in finding Ryan, who is an outstanding choice for this organization's next CEO. The search committee and the board of trustees were enthusiastic and unanimous

continued on page 4B



From left, visitors Sandy and Cindy Lungershausen watching IT manager Danny Hussey demonstrating how a 3D printer operates photos by Jeff Lysiak

## Library Holds 3D Printing Demonstration

by Jeff Lysiak

Last Friday morning at the Sanibel Public Library, a half dozen curious islanders attended a three-dimensional (3D) printing demonstra-

tion conducted by IT manager Danny Hussey in the library's recently renovated ThinkTank section. During the hour-long presentation, Hussey explained the history of 3D printers, described how the machine works and what practical applications this state of the art technology can be used for.

According to Hussey, the library's newly acquired 3D printer – MakerBot Replicator – is a fifth generation three-dimensional printer, which costs about



Martha Howard inspects a glove created with a 3D printer by Danny Hussey

\$2,500. "For how young this technology is, it's pretty impressive," he said. "The precision of these machines is getting better, so they're able to print objects even quicker."

According to the website ExplainThatStuff, "A typical 3D printer is very much like an inkjet printer operated from a computer. It builds up a 3D model one layer at a time, from the bottom

upward, by repeatedly printing over the same area in a method known as fused depositional modeling (FDM). Working entirely automatically, the printer creates a model over a period of hours by turning a 3D computer-aided design (CAD) drawing into lots of two-dimensional, cross-sectional layers. Instead of using ink, which would never build up to much volume, the

continued on page 12B





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# Women Voters To Host Program On Water Quality

submitted by Robyn Cook

The League of Women Voters (LWV) of Sanibel will present Water Currents: Causes, Solutions and Actions Impacting Water Quality, a program and luncheon to be held on Thursday, November 15. The expert panel will feature John Cassani, Calusa Waterkeeper; James Evans, City of Sanibel director of natural resources; and Rae Ann Wessel, SCCF natural resources policy director.

The LWV of Sanibel kicks off its 2018-19 series of luncheon programs with a topic that is high on the list of concerns for every resident and visitor to Sanibel and for all environmentally aware people up and down both coasts of Florida. The group asked the experts to “take off the kid gloves and tell it like it is.” The election will be behind us, we will have a new governor, and we will be curious to learn how the elections will affect our panelists’ (and our own) strategies as they continue advocating for water quality.

We will be particularly interested to hear our panelists provide us with “insider” information on the most relevant questions, such as:

- Who is responsible for water quality?
- What can be done to improve water quality?
- How will the reservoir impact/help water issues?
- What can the public/legislature do to improve water quality in the short and long term?

If you have spent the late spring and summer months with tears in your eyes, both literally and figuratively, from the blue-green algae and red tide disaster affecting our waters and wildlife, and for those who are just coming back to the stark realities, you will want to hear from this outstanding panel. All of them have been central to the ongoing dialogue and strategies involving the past and current impacts of red tide and blue-green algae on our local and all of Florida’s incredible waterways and the wildlife living in our midst.

Cassani accepted the position of Calusa Waterkeeper in December, 2016, licensed through the Waterkeeper Alliance. His professional career as an ecologist started in Lee County. From 1978 to 2014, he worked as a resource manager for local government, managing waterways of Southwest Florida. Cassani has authored both peer-reviewed science publications and popular media sources on resource management, history, water policy and conservation issues. His service on advisory boards, commitment to community and involvement with land and water conservation has received recognition from various civic groups. Because of his expertise as a fisheries scientist and water manager, he has been sought as a consultant to private industry, government and academia.

Evans has worked as a biologist and resource manager for the past 18 years. He has a BA in environmental studies and a MS in environmental science from

FGCU. As part of his graduate research, he investigated the influence of freshwater inflow on fish and invertebrates in Estero Bay. Prior to working with the city, Evans was employed by the Center for Environmental Studies, where he monitored tape grass, oysters and water quality in the Caloosahatchee and estuary as part of the South Florida Water Management District’s Valued Ecosystem Component Study. Most recently, he authored the *Caloosahatchee Watershed Regional Water Management Issues* white paper, a document outlining short- and long-term strategies to address the freshwater discharges from Lake Okeechobee and the Caloosahatchee watershed.

Wessel is an expert in freshwater and marine ecosystems; a gifted and knowledgeable limnologist (a scientist who studies fresh water bodies) and marine scientist, with more than 30 years of experience working in South Florida on environmental issues and policy. She was instrumental in the formation in 1994 of the nonprofit Caloosahatchee River Citizens Association that focuses on improving the ecological health of the river, promoting public awareness of issues affecting the river, and monitoring governmental agencies responsible for management of the river and its watershed. Wessel is appointee to the 2020 Conservation Lands Acquisition and Stewardship Committee and has received a number of awards for her environmental work.

Registration begins at 11:30 a.m. for the noon to 2 p.m. luncheon and program, with time for questions and answers following. The meeting will take place at The Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive. Deadline to RSVP (or to cancel a reservation) is by noon on Monday, November 12. Reserve by email at [lwvsanibel@gmail.com](mailto:lwvsanibel@gmail.com).

Cost is \$25 per person. Mail your check with names of all attendees to: LWV Sanibel, P.O. Box 1194, Sanibel, FL 33957. You may also pay at the door.

Note: Because LWV Sanibel is required to pay for each reserved meal, persons with unpaid or absent reservations will be billed.

Those who would like to attend just the program are welcome to do so. Please let us know ahead of time and we will have a seat for you. Arrive around 12:30 p.m.\*

# New Moon Meditation Class

Are welcome to take part in a new moon guided meditation on the beach as the sun sets and the moon rises. The class will be held on Wednesday, November 7 beginning at 5 p.m.

Meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive on Captiva. This beach is labeled “South Beach” or Location #30 on South Seas resort maps. Suggested donation is \$10 to \$15, with all proceeds benefiting Sanibel-Captiva Conservation Foundation’s sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit [www.ambuyoga.com](http://www.ambuyoga.com) or call 314-9642.\*





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Current Outlook



by Richard E. Pyle, CFA, President

Within weeks, we will be reviewing 2018 and finalizing our expectations for 2019. So far, this past year has unfolded pretty much as we had anticipated – both economically and regarding the financial markets. Our words of caution regarding “uncertainties” have proven to be correct as we review political developments. Nothing, however, was uncertain about the general direction of stock, bond and alternative strategies. Fueled by higher economic growth and corporate tax cuts, American businesses experienced sharp profit growth and found the ability to return excess cash to investors. While short-term interest rates rose as expected due to Federal Reserve Board actions, longer-term rates were held down by the comparatively weak yields offered by the rest of the world. Many financial markets were driven by traders playing the “spread game” of borrowing in low

interest rate countries and buying higher-rate U.S. bonds. If those conditions persist and worldwide rates remain low, our bond market will remain unattractive relative to the equity market, and our investment strategies will continue to favor stocks. We continue to watch closely the shrinking of another “spread” – the difference in yields between U.S. short-term interest rates and U.S. longer-term interest rates. Typically, the wider the spread between short and long rates, the better the economy can perform, as entities are incentivized to invest for the future. Conversely, the narrower the spread, the greater the chance that growth slows and the economy recesses. A few years ago, when the Federal Reserve Board was trying to jump-start the economy, they kept short-term rates at near zero while longer term bonds were yielding 1.5 to 2.0 percent. Today, 10-year treasury bonds are priced to yield about 3.1 percent while two-year government bond rates have been driven higher by the Federal Reserve Board to almost 2.8 percent. With September’s increase in the short-term Federal Funds rate and expectations of another 0.25 percent increase in December, we could see that spread approach zero, increasing the pressure on lenders and investors. We are watching this spread closely and would not be surprised if the Fed halted their rate

increases in 2019 until longer-term interest rates worldwide sustainably increase. One other event we are watching that will impact financial markets is the mid-term Congressional elections in November. Because of the 2016 elections, Washington came under single-party rule for the first time since 2008. As a result, a monumental tax reform package passed that led to a sudden acceleration in corporate profit growth. However, we may experience a return to divided rule after the election. This would give our economy a chance to digest the effects of previous policy changes, but our operating assumption is that we will not experience any roll-back of the tax reforms after the elections. Longer-term issues related to the burgeoning national deficit and debt must be addressed as well. The current path of deficit spending is unsustainable even assuming above-average economic growth. Higher revenue growth and slower spending growth are the only ways to put our fiscal house in order. However,

higher taxes and slower spending are also just different sides of the same coin that would place a drag on economic growth. Thus, our current outlook still offers a mix of challenges and opportunities. We expect the rate of profit growth to slow in 2019 to around 8 percent compared to 20 percent-plus in 2018. At the same time, equity valuations remain reasonable. Corporate profits have been growing faster than share prices, which means price-to-earnings (P/E) ratios have declined. We expect a broadening of the economy worldwide to produce growth of around 4 percent despite the possible negative impact of trade conflicts. The uncertainty of trade may pose a short-term psychological risk, but we also may see these issues resolved diplomatically, leading ultimately to lower trade barriers. The bottom line: We remain cautiously optimistic and emphasize owning the best companies and fixed-income alternatives to achieve our clients’ long-term return goals.✴

Presentation On Financial Health

FISH of SanCap, along with Fifth Third Bank, will host a community presentation, titled Taking Charge of Your Financial Health, on Wednesday, November 14 from 5:30 to 7 p.m. at Saint Michael & All Angels Episcopal Church Library Room. This workshop will help individuals and families learn how to do basic budgeting, slash their debt and boost their credit score. FISH Facilitator and Program Director Kathy Y. Monroe said, “This session will help individuals develop a plan for budgeting and saving, which can lead to boosting their credit score while helping to eliminate debt. Financial health is just as important as physical health, because lacking the first can have an impact on the latter. The presenter, Ruben Perales, financial relationship manager from Fifth Third Bank, will introduce this information in a very interesting and interactive manner. Persons will leave this session knowing how to create a budget, interpret a credit score and manage debt.” The seminar is open to the community and snacks will be provided. For more



Ruben Perales photo provided information and to RSVP, contact Kathy Y. Monroe at 472-4775. Saint Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way.✴

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New CEO

in their selection of Ryan. He was definitely our first choice.” Orgera comes to SCCF from The Pew Charitable Trusts where he was an officer working on marine conservation projects across the globe. His work included efforts to save vulnerable shark species through the Convention on the International Trade of Endangered Species (CITES) and global efforts to stem illegal fishing. Among the roles he held earlier in his career, Orgera was the legislative director of the Coastal States Organization, and has taught environmental geography courses at The George Washington University. He also served as the Knauss Marine Policy Fellow in the Office of U.S. Senator Bill

Nelson, making him Senator Nelson’s primary expert on ocean and coastal policy issues. Holding a BA and MA from the University of South Florida, Orgera earned his PhD in geography and environmental sciences from Louisiana State University. A published author, Orgera is also fluent in French, Spanish and Italian. Orgera grew up on Lemon Bay in Charlotte County, and his family continues to reside in Southwest Florida. “I’ve traveled the world, and no matter how many places I visit, the nature of Southwest Florida touches me like no other. It is in my fiber,” said Orgera. “It is a profound honor to follow in Erick’s enormous footsteps. I am grateful and eager to help steer SCCF through the challenges and achievements of its next 50 years.”✴



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# Good Times At Community House



Islanders and visitors gathered at The Community House on October 20 for the Smoke on the Island hog roast, from left, Tony Parente, Bev Webb, Deb Stewart, Bobby Stewart, Elaine Parente and CJ Stephens



From left, Kay Wightmen, Sally Parsons, Ron Byrtnar, Carol Byrtnar and Rosemary Rye



From left, Linda Moss, Jeff Moss, Karen Moss and Roy Moss



From left, Bob Kern, Lynn Kern, Bea Fulmer and Karen Saari

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## Record-Breaking Airport Traffic

During September, 418,256 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 27.7 percent compared to September 2017. Year-to-date, passenger traffic is up 6.3 percent from the same period last year. In addition, Southwest Florida International Airport reported 9,256,500 passengers for the fiscal year ending September 30, 2018, breaking all records in the 35-year history of the airport.

The traffic leader in September was Delta Air Lines with 93,483 passengers traveling to and from Fort Myers. Rounding out the top five airlines were

American (72,983); Southwest (66,667); JetBlue (60,934); and United (39,986).

Southwest Florida International Airport had 4,043 aircraft operations, a decrease of 4.9 percent compared to September 2017. Page Field saw 7,952 operations, a 45.5 percent increase from September 2017. In addition, slightly more than 2.3 million pounds of air freight moved through Southwest Florida International Airport in September 2018.

Southwest Florida International Airport served more than 8.8 million passengers in 2017 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction.

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Number one status based on Sanibel closings from 10/04/2017 to 10/04/2018 per Sanibel & Captiva Multiple Listing Service.



# Condominium Managers Hold Annual Meeting



Condominium managers gathered at Thistle Lodge recently for a luncheon organized annually by the Condominium Association of Sanibel, Inc. (CASI). From left, Troy Conner, Symbiont Service Corp.; Julie Smith, CASI board member, Shannon Kania, Axis Satellite and Home Theatre; Alice Verme, Pinocchio's Original Italian Ice Cream; Shannon O'Neill, H2O 911 Restoration; Laurie Verme, Pinocchio's Original Italian Ice Cream; Deborah Chase, Norris Home Furnishings; Jennifer Rebaza, H2O 911 Restoration; Cheryl Smith, Norris Home Furnishings; and Linda Naton, CASI president

photos provided



From left: Judie Zimomra, Sanibel city manager; Linda Naton, Somerset at the Reef and CASI president; and Julie Smith, Sanibel Siesta and CASI board member



Paul and Carrie Harmon from Sanibel Siesta



Lisa Bowser and Betsy Dekker from Colony Inn



Sanibel Police Chief William Dalton speaking to the association



Roy Gibson, City of Sanibel senior planner, and Linda Naton

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Rob Lisenbee and Willy Ocasio of Bank of the Islands

photo provided

## Bank Selling CROW's Taste Of The Islands Shirts

**T**aste of the Islands shirts are now available at Bank of the Islands/Edison National Bank, located at the corner of Periwinkle Way and Casa Ybel Road. The 37th Taste of the Islands shirt features artwork that pays homage to CROW's 50th anniversary, and a list of participating restaurants.

All tank tops are \$20; small, medium and large T-shirts are \$22; all other sizes are \$25. Shirts are also for sale in the CROW gift shop and will be available at

the event on Sunday, November 11 from 12:30 to 5 p.m. at Sanibel Community Park.

Sponsors include Bank of the Islands/Edison National Bank as Presenting Sponsor, The Silverman Organization as Gold Sponsor, Heidrick & Co. Insurance, Jensen's Marina, Dave and Jennifer Nichols, and Suncoast Beverage as Silver Sponsors, FOX 4 as Lead Media Sponsor, *The News Press* as Lead Newspaper Sponsor, and *Island Sun/The River Weekly News*, *Coaste Magazine*, *Florida Weekly*, *Santiva Chronicle* and Times of the Islands Media as Supporting Media Sponsors.

For more information, visit [www.CROWclinic.org/articles/37th-taste-of-the-islands](http://www.CROWclinic.org/articles/37th-taste-of-the-islands).

## Island Realtors Help Clean Up The Causeway



Front from left, Becky Mulka, Deborah Schulte, Kasey Albright, Kelly Huguenin, Cathie Lewis and David Arter; back from left, Brendan Albright, a volunteer and Bill Robinson

photo provided

**O**n October 13, members of the Sanibel & Captiva Islands Association of Realtors (SCIAR), helped clean the beach on International Coastal Cleanup Day. The annual event was organized by Keep Lee County Beautiful and the Bailey-Matthews National Shell Museum.

The SCIAR cleanup crew included island realtors, affiliate business partners, and association staff. They worked diligently alongside other members of the community to clean

up litter and debris from along the shoreline of the Sanibel Causeway.

"We are lucky to live in a place where residents and visitors treat every day like Coastal Cleanup Day and strive to keep our beaches clean year-round," said Kasey Albright, SCIAR 2019 president. "It made it an easy day for us, with not too much to pick up."

Thank you to the members who gave their time to help improve and care for our local beaches.✱



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<p><b>836 Donax St.</b></p>  <p><b>Sanibel Shores opportunity. 3 BR/2BA single family with WEEKLY RENTALS. Community pool and easy walk to beach</b> <b>\$599,000</b></p>	<p><b>9248 Kincaid Ct.</b></p>  <p><b>Perfect investment opportunity. 2 BR/1BA; Close to school and Rec Center; Move in ready!</b> <b>\$429,000</b></p>	<p><b>3832 Coquina Dr.</b></p>  <p><b>West Rocks w/deeded beach access, 3-BD en-suites, open great room. Private elevator, large studio/workout area. Enclosed lanai overlooks pool with beautiful lake views.</b> <b>\$1,100,000</b></p>	<p><b>Across From Beach! Fabulous renovation of this 3 BD, 2-1/2BA plus office elevated home Great room with gas fireplace. Kitchen, dining and master all access the screen enclosed deck overlooking the oversized salt water pool</b> <b>\$1,699,000</b></p> 



# Highlights From Children’s Education Center Pigs In Paradise Hog Roast



Levi and Ally Arlington

photos provided



From left, Billy Klier, Renata Bailey, Mark Padgett and roaster extraordinaire CJ Floyd



Kindergartner Steele Floyd helped with preparations



Pax Stewart was super excited about seeing the fire truck



Tim Drobynyk and Jeff Burns



Teachers from left, Ms. Kerra, Ms. Joy, Ms. Cindy, Ms. Sherry and Ms. Cynthia



From left, Jason, Ewan and Heather Neve



From left, Roger and Sandy Grogman with Jane and John Hensaw



From left, Merit Foster, Heidi Hall, Bailey Drobynyk and Olympia DeCosta, three out of four CECI alumni, who came back to help safeguard the playground



From page 1B

## Lifers Program



Try your luck at Fish Bingo

photo provided

theme. For the current series, the theme is Fisheries Management.

"We live in an area with a rich fishing history, and both commercial and recreational fishermen are affected by the management choices we make, so this topic is very interesting and applicable," said Director of Education Shannon Stainken, who noted that upcoming sessions will include a screening of the documentary *The End of the Line*, a Fish Bingo party, a fly fishing workshop with tying demonstration and ornament making class.

According to Dr. Bruce Neill, co-founder and executive director of Sanibel Sea School, the fall series for adults differs from the school's previously offered programs.

"In the past, we did the traditional Sanibel Sea School stuff because the adults told us they wanted to do the same things our kids were doing, but at a different level," said Dr. Neill. "In reality, most adults really didn't want to do those same things. We want to take people – who have enormous amounts of education and life experience – and supplement what they know with new information. We're going to have organic discussions centered around a single topic each week, and hopefully that becomes a diverse, communal discussion."

The remaining Sanibel Sea School Lifers Fall 2018 schedule includes:

Friday, November 9 (7 to 9 p.m.): Film & Discussion Night – *The End of the Line*. The documentary by filmmaker Rupert Murray examines the devastating effects that overfishing has had on the world's fish populations. The film argues that drastic action must be taken to reverse these trends. Participants will sample small bites and beverages while engaging in great conversations.

Friday, November 16 (4 to 6 p.m.): Social Event – Fish Bingo. Participants will enjoy testing and sharing their

fish identification knowledge while socializing with new friends over drinks and refreshments.

Wednesday, November 28 (7 to 9 p.m.): Fly Fishing Films & Discussion – *Fly Fishing in the Anthropocene* and select shorts. Considered a sport by some and an art form by others, there is one thing all fly fishermen have in common: a thirst for adventure.

Friday, November 30 (4 to 6 p.m.): Guest Lecture – Dr. Ross Boucek from Bonefish & Tarpon Trust (BTT), a group whose mission is to conserve and restore bonefish, tarpon and permit fisheries and habitats through research, stewardship, education and advocacy. Dr. Boucek, the Florida Keys Initiatives manager, spends most of his time in the Keys, either conducting BTT science or working with anglers and management agencies to turn BTT science into meaningful management and regulatory changes that improve our Keys fishery.

Friday, December 7: Ocean Ornament Making during Sanibel Luminary Festival (free). Event begins at 5:30 p.m. and all materials will be provided.

Friday, December 14 (7 to 9 p.m.): Fly Tying Workshop with local notaries. Whether it's the camaraderie, inventiveness, skill or simply a way to catch more fish, people are thrilled about tying flies. Take part in an evening of fly tying with local island experts. All materials will be provided.

Each program costs \$20 per person to attend and does not require advance registration. For more information, visit [www.sanibelseaschool.org/sanibel-adult-classes](http://www.sanibelseaschool.org/sanibel-adult-classes) or call 472-8585.

"Shannon has done a masterful job integrating the community with fun classes," added Dr. Neill. "I think people will enjoy the social nature of enhancing their knowledge of nature, right in our own backyard. We're pushing fun out in front of education."

The SX3 Lifers winter program will begin on January 18, 2019.\*



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From page 1B

## 3D Printing

printer deposits layers of molten plastic or powder and fuses them together (and to the existing structure) with adhesive or ultraviolet light."

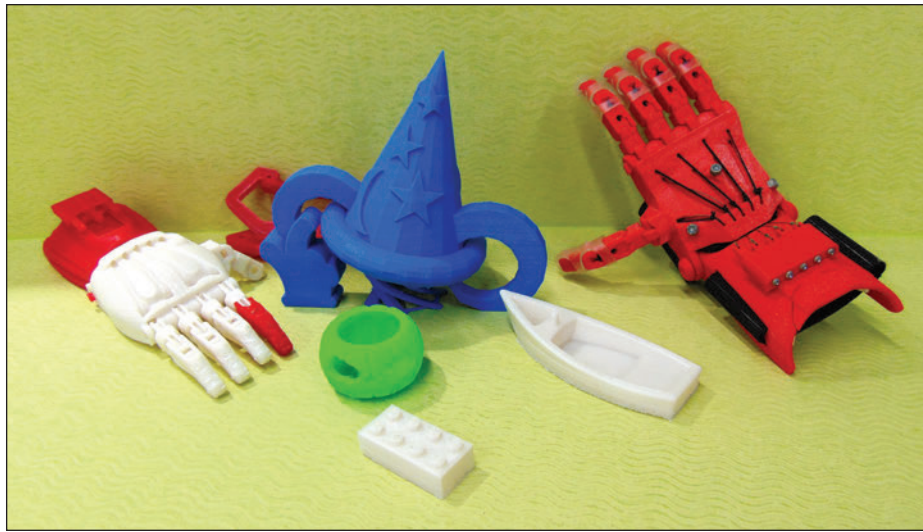
During last week's demonstration, Hussey described the step-by-step process of creating an object using a 3D printer. First, a three-dimensional scan of the item to be replicated must be completed. While the library doesn't have its own scanner, it does use a website database of literally thousands of objects. Once an item has been selected, that file is sent to the computer, scaled for the desired size.

"The printer sees the file like a slice of bread and thinks of how many slices it's gonna take to print that object," said Hussey.

Using a spool of thermoplastic called ABS (acrylonitrile butadiene styrene) heated to 356 degrees Fahrenheit, the printer slowly begins to create thin layers of plastic, stacked on top of one another. Starting with a base layer called the raft, the printer methodically zig-zags back and forth through the painstaking process of recreating the object.

For a small jack-o-lantern that Hussey chose to create for the demonstration, the printer took about 65 minutes.

The popularity of the 3D printer at the library is already beginning to grow. Hussey said that kids often request that they make objects like shells, starfish and – in recent weeks – Halloween items. One adult patron had requested a small part for his antique automobile to be printed.



Some of the objects created with the library's 3D printer

photo by Jeff Lysick

"He had downloaded the file for the part before he came in," said Hussey. "After we printed it, he took it home and painted it. He was very happy the way it came out – it looked brand new."

Another visitor asked Hussey to make her a taco stand, something that is hard to find outside of the restaurant industry. She was so thrilled to have one that she returned to ask if another could be made for her husband.

The popularity of 3D printers continues to grow as the technology improves and the hardware becomes more affordable. Home printers cost as little as \$300 and spools of thermoplastic cost around \$10. Professional printers can employ a wide variety of materials – including

metals, concrete and organic tissue – for use in several industries and items including building construction, aerospace technologies, jewelry, commercial bakeries and medical applications.

"Some people have expressed a concern that these are using more plastics, but in reality these printers saves up to 90 percent of raw material, which reduces our carbon footprint," added Hussey. "Technically, using 3D printers could actually be easier on the earth."

Upcoming ThinkTank activities at the library include:

Fun With MakeyMakey – Tuesdays, November 6 and 13 from 3 to 4 p.m. For ages 8 and over. Get ready for an afternoon of computer circuit fun. Learn a

little about the circuitry and build a circuit that turns fruits into musical instruments.

Experience Virtual Reality (The Blu) – Friday, November 9 from 3 to 4 p.m. For ages 10 and older. Explore a vivid underwater world full of sea life: Coral Reef, Whale Encounter, and Deep Sea Experience. Each session lasts 5 to 10 minutes. HTC Vive VR experience; one user per session; First come, first served. No registration required.

Experience Virtual Reality (Sinking of the *Titanic*) – Thursday, November 15 from 10 a.m. to noon. Witness the sinking of *RMS Titanic*. Users will leave with a greater understanding of the historic tragedy that unfolded in 1912. This is a 10- to 20-minute VR experience; registration is required due to experience length. Call 472-2483 to set up a viewing time.

Fun With ROK Blocks – Monday and Tuesday, November 19 and 20 from 1 to 4 p.m. ROK Blocks give young builders a chance to construct their own knowledge, explore their creativity and develop spatial reasoning skills.

Experience Virtual Reality (The Blu and Google Tilt Brush) – Friday, November 30 from 3 to 4 p.m. For ages 10 and older. Explore a vivid underwater world full of sea life: Coral Reef, Whale Encounter and Deep Sea Experience. Each session lasts 5 to 10 minutes. Experiment with painting in a 3D space with Google Tilt Brush. HTC Vive VR experience; one user per session; First come, first served. No registration required.

Sanibel Public Library is located at 770 Dunlop Road. For additional information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

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First place team, from left, Paul Munns, John Wilson, Steve Greenstein and Jeff Mistler  
photos provided

## Trust Company Supports CROW Golf Tournament

The Sanibel Captiva Trust Company was a corporate sponsor for the 2018 CROW Classic Golf Tournament, held recently at The Sanctuary Golf Club. In addition to the

corporate foursome, the trust company entered three foursomes to support the cause and was fortunate to take home the first and second place awards. First place prize was a free round of golf for four at The Sanctuary and second place was a free round for four at The Dunes Golf & Tennis Club. Both prizes were donated back by the winners so CROW could sell them and raise additional funds in support of the clinic to help preserve and protect local wildlife.



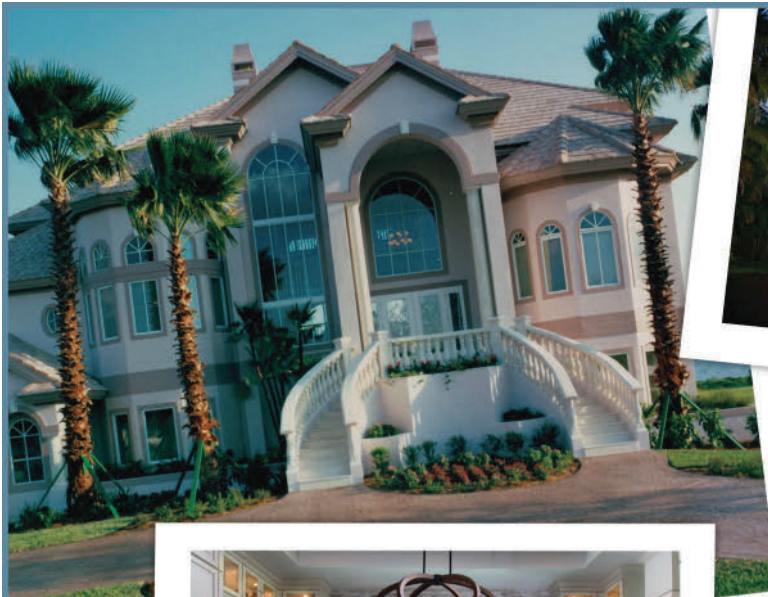
Second place team, from left, West McCann, Dave Port, Dave Mobley and Chris Simoneau

The trust company has been a long-time supporter of CROW and encourages everyone to help this local wildlife organization, celebrating its 50th anniversary as a teaching hospital and education center dedicated to saving wildlife through state-of-the-art veterinary care, research, education and conservation medicine.

There are many ways you can support CROW, including membership, donations, recurring and memorial gifts,

and contributions to the endowment fund. People can also donate stock, utilize the vehicle donation program, purchase items on the Amazon Wish List or volunteer time in support of the many daily activities required to care for sick and injured wildlife. Visit [www.crowclinic.org](http://www.crowclinic.org) for more information.

CROW's major fundraiser, the 37th Taste of the Islands, will be held on Sunday, November 11 from 12:30 to 5 p.m. at Sanibel Community Park.✱



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## Behind The Scenes



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Meeting with an attorney can sometimes be intimidating. I'd like to think that I'm not the least bit intimidating, as I don't usually even wear a tie to my office. Nevertheless, it occurred to me that many clients are anxious before our first meeting. Psychologists tell me that if a client knows what to expect, then that helps alleviate the anxiety.

Consequently, I thought I'd take all of you behind the scenes to what the attorneys in my firm do prior to an initial meeting with an estate planning client. There's actually a significant amount of preparation involved, and I hope that once you understand that process, the insight will help you gain an advantage in exactly what might be accomplished during an estate planning meeting.

In our firm, we have three requirements prior to the initial meeting. The first requirement is to either attend one of our workshops, watch a 25-minute instructional video about the first meeting, or read my book, *The Florida Residency & Estate Planning Guide*. The second requirement is to complete our client organizer, and the third requirement is to drop off or email us a copy of any existing estate planning documents that you've already put into place.

The reason for these requirements is that we want our first meeting to be as productive as possible. Our workshops, video and book are designed to raise issues that we want you to consider before sitting down with us. There's more to an estate plan than who gets what when we die. Our workshop, video and book delve into the other important elements to a successful plan.

Believe it or not, at our first meeting, we will likely dive deeper into what you hope that your estate plan accomplishes.

Our client organizer is designed to provide us insight into who you are, who your beneficiaries are, and what's transpired in the past that might affect your planning. Our organizer contains a balance sheet for you to complete. That balance sheet is extremely important, not because it reveals your net worth, rather, it tells us whether your assets have unrealized capital gains, ordinary income tax consequences, estate or gift tax issues, family business or real estate considerations, and a host of other matters that we should discuss to put together a plan that will meet your goals, both during your life and after.

Finally, it's important for us to review your current plan documents, including your

will, trust, durable power of attorney, health care surrogate and living will. Before our meeting, our attorneys review your client organizer and compare it to your legal documents. We sometimes find that your assets aren't properly aligned with your estate plan. If, for example, you have a revocable trust, but all of your assets are titled in your name individually, we note that your assets may not be aligned with your plan. Similarly, we like to review your IRA and 401(k) beneficiary designations to ensure that you've taken the necessary precautions to protect your loved ones and minimize income taxes.

If we notice an out-of-date estate tax formula clause, that will be something that we'll raise during our initial meeting. Some clients own family businesses, so if that's disclosed on your organizer but we don't find corresponding closely held business interest or Qualified Subchapter S Corporation provisions in your documents, we know there's something else that's important to review with you.

We gain so much when we take the time to review your situation before we even sit down together with you in our conference room. That's why we ask that you complete the three requirements at least three business days prior to our meeting. That way, our attorneys will have the opportunity to review what you have provided to us prior to the conference. When we sit down, we're ready to help you in the best way possible.

Do all other firms operate in a similar manner? I can't speak for the others, but I'm sure that some do, while others don't.

We've had this process in place for almost two decades. When I was a younger lawyer, I used to spend more than an hour during the initial conference gathering the information we now ask you to provide before the meeting. I discovered that was a colossal waste of time both on our part and on the client's part. It's so much better to review the information before the conference so that everyone can hit the ground running, spending our valuable time together on what really matters.

After all, who wants to spend more time than they have to in an attorney's office!?

©2018 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).✱

## Cip's Place Joins Wines In The Wild

Cip's Place will be joining the Food Tasting Partners for Wines in the Wild, hosted by Sanibel-Captiva Conservation Foundation (SCCF) on Friday, November 9 from 6:30 to 9 p.m.

"Cip's has been a generous auction donor for past SCCF events," said SCCF's CEO Erick Lindblad. "We are so honored to count them, for the first time, among the Food Tasting Partners at this year's event."

Wines in the Wild guests will stroll among six stations on the Bailey Homestead Preserve grounds. Each will feature a dish from one of Sanibel's finest kitchens. The 2018 Food Tasting Partners are Catering by Leslie Adams, Il Cielo, Sweet Melissa's Café, Cip's Place,

continued on page 23B



Matt Winkleback and Blaine Dry of Cip's Place photo provided

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From left, Naples Mayor Bill Barnett, Sanibel Sea School Director of Development Chrissy Basturk and Collier Child Care Resources Executive Director Niccole Howard

photo provided

## Sea School Earns Business Award

On October 16, Sanibel Sea School received a Family Friendly Business Award from Collier Child Care Resources (CCCR). Development Director Chrissy Basturk accepted the award on behalf of Sanibel Sea School, which was presented by Naples Mayor Bill Barnett and Niccole Howard, executive director of CCCR.

Each year, the Family Friendly Business

Awards acknowledge local businesses that put family first. Criteria include workplace policies and programs that assist families in raising their children. In addition to providing flexible scheduling and child care support for employees with children, Sanibel Sea School provides program and camp scholarships to local families, school groups and partner organizations in need, and offers free community camp days on select school holidays throughout the year.

"We are honored to receive this acknowledgement of our work to build a stronger, more family friendly community," said Basturk.✱

## ABWA Member Receives 20-Year Service Award

Lisa Newmeyer-Cochrane of Dorado Property Management received the American Business Women's Association's 20-Year Service Award from Nancy Barnes of Bob's Island Graphics on October 23 at the monthly chapter meeting. Barnes, who has been associated with Sanibel Captiva chapter for 35 years, recruited Newmeyer-Cochrane into ABWA more than 20 years ago.

"Our chapter works to advance the professional development of women in business on the islands and Lisa has been involved for over 20 years," said Barnes. "I originally tried to recruit her mom, Ginger Newmeyer – two wonderful women."

Both Barnes and Cochrane are recognized as Lifetime Achievement Award winners by the ABWA Sanibel Captiva chapter.

The Sanibel Captiva Charter Chapter of the American Business Women's Association is celebrating 40 years of supporting professional growth through leadership, education, networking support and national recognition. Meetings are held on the fourth Tuesday of every month from 11:30 a.m. to 1 p.m. at Sundial Beach Resort & Spa. For more information, visit <http://abwasanibelcaptiva.org>.✱



From left, Nancy Barnes, Lisa Newmeyer-Cochrane and Ginger Newmeyer

photo provided

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# Highlights From 2018 Let's Pink Out! Celebrations



On October 25, more than 100 breast cancer survivors, fighters, supporters, family and friends attended the 7th annual Let's Pink Out! Sanibel & Captiva Islands picnic gathering at Sanibel Fire Station #1. The event included lunch with sandwiches, ice cream and beverages, raffles, dancing and camaraderie. photos by Jeff Lysiak



From left, Fred and Marj Nordstrom with Paul Gulbrandsen



From left, Capt. Kevin Barbot, Mary Bondurant, FF/EMT Craig Shelby, Sandra Feather and FF/Paramedic John Reitenbach



From left, Nicole McHale, Valerie Tutor and Maggi Feiner



Alice Verme and Laurie Verme from Pinocchio's Original Italian Ice Cream



From left, Diane and Bill Hay, Judy Groniter, Nancy McDole and Carol Strange



From left, Jay Friedland, Phaidra McDermott, Lenore Friedland, Amy Costello and Mary Bondurant





THE EXTRAORDINARY

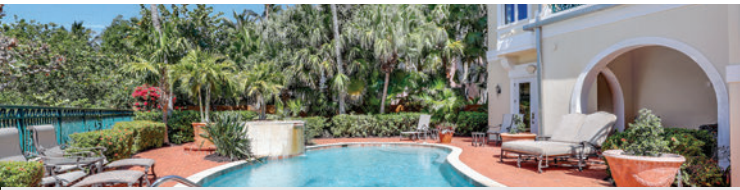
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 <b>FRIDAY</b> Cloudy High: 83 Low: 73	 <b>SATURDAY</b> Few Showers High: 82 Low: 72	 <b>SUNDAY</b> Mostly Sunny High: 78 Low: 68	 <b>MONDAY</b> Mostly Cloudy High: 82 Low: 72	 <b>TUESDAY</b> Cloudy High: 84 Low: 74	 <b>WEDNESDAY</b> Mostly Sunny High: 87 Low: 76	 <b>THURSDAY</b> Sunny High: 83 Low: 73
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	9:05 am	2:59 am	11:13 pm	4:02 pm
Sat	10:36 am	4:18 am	None	4:50 pm
Sun	10:48 am	4:17 am	10:59 pm	4:29 pm
Mon	11:48 am	5:07 am	11:20 pm	5:01 pm
Tue	12:42 pm	5:51 am	11:42 pm	5:29 pm
Wed	1:32 pm	6:32 am	None	5:53 pm
Thu	12:05 am	7:11 am	2:20 pm	6:15 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	8:10 am	3:01 am	10:18 pm	4:04 pm
Sat	9:41 am	4:20 am	None	4:52 pm
Sun	9:53 am	4:19 am	10:04 pm	4:31 pm
Mon	10:53 am	5:09 am	10:25 pm	5:03 pm
Tue	11:47 am	5:53 am	10:47 pm	5:31 pm
Wed	12:37 pm	6:34 am	11:10 pm	5:55 pm
Thu	1:25 pm	7:13 am	11:34 pm	6:17 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	8:44 am	2:58 am	10:05 pm	3:47 pm
Sat	10:16 am	4:11 am	11:02 pm	4:44 pm
Sun	10:42 am	4:17 am	10:48 pm	4:38 pm
Mon	11:42 am	5:14 am	11:24 pm	5:27 pm
Tue	12:27 pm	6:04 am	11:55 pm	6:10 pm
Wed	1:08 pm	6:48 am	None	6:50 pm
Thu	12:23 am	7:30 am	1:50 pm	7:28 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	12:58 am	6:15 am	11:15 am	7:18 pm
Sat	1:23 am	7:34 am	12:46 pm	8:06 pm
Sun	12:58 pm	7:33 am	None	7:45 pm
Mon	1:09 am	8:23 am	1:46 am	8:17 pm
Tue	1:30 am	9:07 am	2:52 pm	8:45 pm
Wed	1:52 am	9:48 am	3:42 pm	9:09 pm
Thu	2:15 am	10:27 am	4:30 pm	9:31 pm

Island Seniors  
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Activities will be canceled on Tuesday, November 6 due to elections. The center will be closed on Monday, November 12 in observance of Veterans Day.**

**Trash & Treasures Sale** – The Island Seniors Trash & Treasures Sale will be held this Saturday, November 3 from 9 a.m. to 2 p.m. at the Center 4 Life. There will be grilled hot dogs and other refreshments available during the sale.

**Page Turners with Louise Fitzgerald & Ann Hartman** – If you are not on the Page Turners list, and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, November 14 is *Before You Were Ours* by Lisa Wingate. There will be a book discussion at 2:30 p.m.

**Line Dancing Classes** – Tuesdays, November 13, 20 and 27 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

**New York Jets at the Miami Dolphins** – Sunday, November 4. Cost is \$159 for members and \$169 for non-members. Includes round trip transportation, reserved upper level end zone seat, pre-game lunch and beverage. The Hard Rock stadium

recently went through a \$500 million renovation including sunshade that covers many of the seats. Excessive drinking and use of profanity will not be tolerated. Limited seats available. Depart from Fort Myers location at 7:30 a.m.

**Seven-Day Christmas Trip to New Orleans** – Sunday to Saturday, December 2 to 8. Cost is \$1,364 for members (per person, double occupancy) or \$1,774 (single occupancy). Non-members are \$1,389 (per person, double occupancy) or \$1,799 (single occupancy). Includes round trip bus transportation, six-night accommodations including four nights in the heart of New Orleans, Oak Alley Planation, New Orleans Cooking School, Mardi Gras Museum, World War II Museum and Mississippi Jazz Brunch Cruise. Advance registration required, while spots last.

**A Southern Christmas: Savannah & St. Simon’s Island** – Tuesday to Friday, December 11 to 14. Cost for members is \$574 (per person, double occupancy) or \$774 (single occupancy). Non-member are \$599 (per person, double occupancy or \$799 (single occupancy). Includes round trip bus transportation, three-night accommodations (one in St. Simon’s Island and two at the Holiday Inn Express in Savannah), five meals (three breakfasts, two dinners), the live Savannah Theater Christmas Show, tours and other attractions. Advance registration required, while spots last.

**The Magic of the Keys** – Tuesday through Thursday, January 22 to 24. Cost is \$574 for members (per person, double occupancy); \$844 single. Non-members are \$599 (per person,

double occupancy); \$869 single. Includes round trip transportation, two nights at the Hyatt Place in Marathon, five meals (two breakfasts, two lunches and one dinner), Schnebly Winery tour and tasting, and lunch, full day in Key West with private tram tour and all-day hop-on/hop-off privileges, and tour of Dolphin Research Center. Advance registration required on a first come basis.

**Let’s Write with Vicky Lettmann** – Mondays, November 5 and 19 from 10 a.m. to noon. Cost for members is \$15 per class; non-members are \$20 per class. This class is for anyone who wants to write. During class, you will look at short examples of effective, engaging writing and then plunge into your own writing using exercises, prompts and various jumpstarts. Bring a notebook and pen. Space is limited, so sign up early.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at noon.

**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays** – November 13, 20 and 27 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5

for members and \$20 for non-members. Advance registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪



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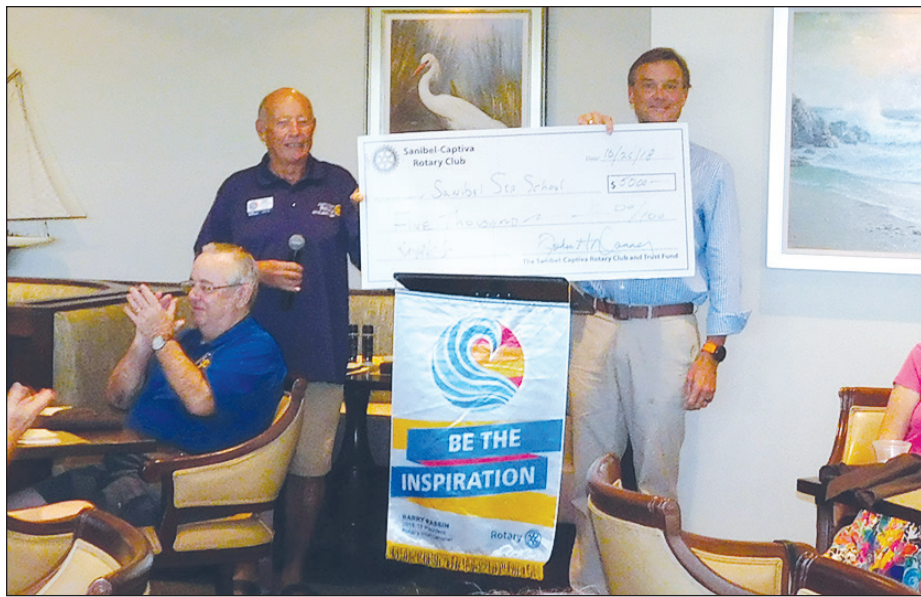


# Rotary Happenings

submitted by Shirley Jewell

Although the Sanibel-Captiva Rotary Trust has closed its fall grant cycle and all applications have been processed, our board will not be announcing the grant recipients' names until all have been notified. However, the club had two grant applications in the pipeline for matching funds from our Rotary District #6960, applied for by San-Cap Rotary Foundation representative Chet Sadler a few months ago. Sadler announced, "Good news, our club's matching fund applications had been granted – the Harlem Heights Center in Fort Myers will be receiving \$5,000 for repair of their hydroponic gardens after being damaged by Hurricane Irma, and the Sanibel Sea School will receive \$5,000 to purchase kayaks, enabling students to explore the waters around Sanibel." This was a timely announcement, since our guest speaker on Friday was Dr. Bruce Neill, Sanibel Sea School executive director.

Dr. Neill spoke about the islands' surrounding water quality and red tide. He said most of us are misled or uninformed on the topic; the reason, we know little about the ocean. Little government money has been directed to this specific study. Red tide outbreaks and



Chet Sadler presenting a check to Dr. Bruce Neill of Sanibel Sea School photo provided

blue-green algae produced by freshwater releases from Lake Okeechobee down the Caloosahatchee to San Carlos Bay have certainly made an impact on our area. That might change for a while, but science tells us that something major is happening in our environment and we need to wake up and pay attention.

Red tide is caused by a microscopic algae, *Karenia brevis*, and is always present in the Gulf of Mexico, a natural occurrence. The multiplying of *Karenia brevis* can be exacerbated by unusual environmental conditions and can reproduce rapidly. These algae blooms produce brevetoxins, which can result in

significant ecological impact. Brevetoxins can affect the central nervous system of fish and other vertebrates, causing these animals to die. Wind and currents push thousands of dead fish together in a massive fish kill. As red tide blooms approach coastal areas, breaking waves can cause toxins to become mixed with airborne sea spray. People can experience varying degrees of eye, nose and throat irritation. When a person leaves an area with a red tide, symptoms usually go away.

Dr. Neill told us, "Red tide outbreaks will go away for now, but we will see them again. When? No answer. Why?

More study is needed."

According to Mote Marine Laboratory, "Red tide blooms have been getting progressively worse, closer to shore, and persisting for a greater length of time, indicating that if it is an entirely natural cycle, it has undergone concerning changes of late."

Water quality in the Gulf of Mexico and San Carlos Bay was affected this summer by both red tide in nearby saltwater bodies and also by impactful occurrences of blue-green algae formed in water flowing down the Caloosahatchee from Lake O. The lake water is polluted by agricultural fertilizer run-off and, when released down the Caloosahatchee, is joined by other fertilizer and polluted run-off. Fertilizers are not our only problem; poor sewage and sanitation processes have contributed to the algae problem.

Sanibel has led the way on fertilizer restrictions and has plans in the works to create a more efficient wastewater treatment facility. We can't change Mother Nature, but we can fix our plumbing and wastewater treatment problems.

And, here are my two cents: When you vote in this election, be selective and vote for those who really are interested in improving water quality in our state's oceans, rivers and lakes. Vote for those that will walk the walk and not just talk the talk.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\*



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**FOR ADDITIONAL INFORMATION**  
Contact Brooke Brownyard at [sanibelbrooke@aol.com](mailto:sanibelbrooke@aol.com) or 239.281.4179



# Red Sox Only Team To Win Four World Series In Present Century



by Ed Frank

**W**ow! What a season for the Boston Red Sox, and what a postseason run to their fourth World Series championship in the last 15 seasons.

Some already claim that this Red Sox team is one of the very best in baseball history. And it's hard to dispute that claim.

Here's a team that set a franchise record of 108 wins in the regular season and won 11 more in their relatively easy pursuit of the world title. They were a scorching 11-3 in their post-season race to the World Series title.

No question it was the greatest Red Sox team in their storied history. They are the only team in the present century to win four World Series (2004, 2007, 2013 and 2018), topping the San Francisco Giants with three and the New York Yankees with two.

The wild celebration that started Sunday night in Dodgers Stadium when Boston finished off the Dodgers 5-1 in a four-games-to-one series victory continued this past week in Boston when the team brought the World Series trophy home.

And we should expect a big celebration here in February when the Red Sox return for Spring Training with the World Series trophy in hand.

History shows it is difficult to win back-to-back World Series, the Yankees being the last team to do so when they won three in a row, 1998, 1999 and 2000.

## Sanibel Night With Everblades

**O**ne of the most anticipated nights of professional hockey on the 2018-19 Florida Everblades season schedule, Sanibel Night, is fast approaching, with the game promising a lot of hard-hitting ice hockey and camaraderie amongst islanders in attendance.

For the first time ever, members of The Sanibel School Seahorse Chorale and Elementary Choir will be performing the National Anthem prior to the Friday, November 9 Florida Everblades game against the Jacksonville Icemen. The puck drops at 7:30 p.m. at Hertz Arena, located at 11000 Everblades Parkway in Estero.

The music department at The Sanibel School is selling tickets to Sanibel Night to support the Seahorse Chorale's upcoming trip to Walt Disney World. Tickets are \$18 each, and the school receives \$8 from every ticket sold. Tickets are only available online at [www.floridaeverblades.com/SanibelNight](http://www.floridaeverblades.com/SanibelNight). Use the promo code

SANIBELSCHOOL to receive this special offer and sit in the Sanibel section with your fellow school supporters and island neighbors.

In addition to it being Sanibel Night, it's also Swampee the Everblades mascot's birthday. The first 3,000 children attending the game will receive a special Swampee Growth Chart, courtesy of sponsor Arthrex. Children 12 and under eat free in the Breakaway Sports Pub at Hertz Arena with the purchase of an adult entrée.

According to music educator Joey Giangreco, funds raised through the purchase of tickets to Sanibel Night will help offset the costs to bring the school's Seahorse Chorale to Lake Buena Vista, Florida later this year. On Friday, December 7, the group will be performing on the Disney Springs Marketplace Stage starting at 11 a.m.

"My students have been working together since August, and they've worked really hard and are sounding great," said Giangreco. "Everybody's looking forward to performing at Disney again."

Tickets for Sanibel Night must be purchased by Thursday, November 8.✱

But this Red Sox team is still relatively young sprinkled with seasoned veterans. They were preseason favorites to win it all this year, and the Las Vegas odds-makers were right.

No doubt they will be favorites again in 2019.

Many should be given credit for this great season, chief among them Dave Dombrowski who was hired three years ago as president of baseball operations. Although the Red Sox won the American League Eastern Division titles in 2016 and 2017, they were eliminated in the first round of the playoffs both years.

The shrewd Dombrowski fired manager John Farrell and reached into the Houston Astros organization to hire Alex Cora. As bench coach for Houston, Cora had no managerial experience on his resume.

And now the rookie manager has won it all in his first try and should be a favorite to be named Manager of the Year.

The Red Sox Nation will long remember 2018. The huge Red Sox following here in Southwest Florida won't forget it either.

### Twins Hire Youngest Manager In Major Leagues

For the first time in more than three decades, the Minnesota Twins went outside their organization to hire 37-year-old Rocco Baldelli, becoming the youngest manager in the Major Leagues.

He comes to the Twins after eight years in the Tampa Bay Rays organization where he served as field coordinator this past season. He previously was first-base coach for the Rays and worked in the team's front office for four years.

The hiring of an "outsider" by the Twins comes as no surprise as two years ago Twins' ownership dumped long-time general manager Terry Ryan and brought in Derek Falvey as chief baseball officer and Thad Levine as general manager.

Both were outside the Twins family, and it has been reported they wanted their own man as team skipper. Baldelli replaces Hall of Famer Paul Molitor who managed the team for four seasons to a 305-343 (.471) record including one postseason appearance.

Baldelli fits the Twins road map to hire a manager who is analytically inclined yet understands the old-time belief in scouting. He is expected to hire his own coaching staff and play an important role in front office decisions on free agency signings.

Don't feel sorry for Molitor, however, as he is owed about \$3.5 million by the Twins over the next two years.✱

## SPORTS QUIZ

1. Entering 2018, when was the last time a pitcher started 36 or more games in a major-league season?
2. Which major-league team did Lou Piniella manage first, and which one did he manage the longest?
3. When was the last time before 2017 that the University of Miami, Fla., won a bowl game by more than one point?
4. In the 2016-17 NBA season, Elfrid Payton became the fifth player in Orlando Magic history to have at least 1,000 points and 500 assists in a season. Name two of the other four to do it.
5. Who were the last players before Pittsburgh's Jake Guentzel in 2018 to reach 20 points in 10 or fewer NHL playoff games?
6. Name the last time before 2018 that Russia's men's soccer team advanced to the knockout stage of the World Cup.
7. When was the last time before 2018 that the U.S. won wrestling's World Cup?

## ANSWERS

1. In 2003, Atlanta's Greg Maddux and Toronto's Roy Halladay each started 36 games. 2. The New York Yankees (1986), the Seattle Mariners (1993-2002). 3. It was 2004 (the Hurricanes beat Florida, 27-10, in the Peach Bowl). 4. Penny Hardaway (three times), Scott Skiles (three). 5. Mark Messier and Wayne Gretzky, in 1988. 6. It was 1986, when the team represented the Soviet Union. 7. It was 2003.

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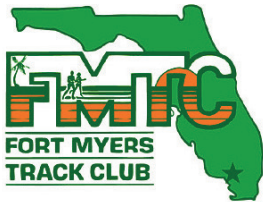
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Classes will be offered on Tuesdays and Thursdays photo provided

## Registration Open For Barre Fitness Classes

Registration is now open for the upcoming November and December sessions of Barre Fitness classes at the Sanibel Recreation Center. Cost is \$55 for members and \$73 for non-members for the full six-class session. Class size is limited to 10 participants. If space is available, a drop-in rate of \$10 per class for members and \$13 for non-members will be offered. Register in advance to reserve your space.

Tuesday classes will be held at 8:30 a.m. on the following dates:

November 6, 13, 20 and 27;  
December 4 and 11.  
Thursday classes will be held at 5:30 p.m. on the following dates:  
November 1, 8, 15 and 29; December 6 and 13.

A barre workout combines functional strength, dance, Pilates and yoga concepts into a series of movements designed to strengthen the entire body. Participants will primarily utilize bodyweight for resistance while focusing on alignment and posture with the goal of enhancing body awareness, coordination, balance and strength.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).

## Doctor and Dietician Flourless Pumpkin Brownies



by Ross Hauser, MD  
and Marion Hauser, MS, RD

This recipe is made with no boxed mixes, no butter, flour, grains or dairy – yet, is extremely tasty. Feel free to tweak the recipe to your specific tastes. It is dairy- and gluten-free, vegan, paleo and very low in sugar. Give it a try for a healthier dessert.

What you need:  
1 cup pumpkin puree

- ½ cup almond butter (or your favorite nut butter)  
2/3 cup unsweetened cocoa powder  
¼ cup coconut sugar  
1 teaspoon pure vanilla extract  
Pinch of kosher sea salt  
Optional: ¼ cup coconut shreds or cocoa nibs or a splash of espresso.  
Frosting of your choice (optional)  
What to do:  
1. Preheat oven to 350 degrees. Coat a 9"x5" loaf pan with oil or parchment paper.  
2. Combine all ingredients together in a large bowl and mix well. Mix until fully immersed and a thick batter is formed.  
3. Transfer the brownie batter to pan and bake for 12 to 15 minutes. Allow brownies to cool before frosting or slicing.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*

## Superior Interiors Do-It-Yourself Designing



by Marcia Feeney

We live in an age where do-it-yourself is all the rage, from designing your own business card, to creating your own web page. When it comes to a do-it-yourself design project, consider the following before you decide:

Are you confident the project will turn out right the first time?  
Is the risk low for making a mistake?  
The higher the risk, the greater the

possibility you may want to hire a professional.  
Have you used the skills to do this project before, and had great success or minimal success?  
Do you have enough time to complete the project? (add 30 percent more time if you have never done it before)  
How valuable is your time?  
Do you own the tools to do the project?  
Do you like to fix mistakes/problems?  
What kind of results are you expecting?  
If it is a first-time project, you may have to lower your expectations.  
Based on your answers to the questions, consider whether hiring an expert makes sense or whether you want to do it yourself. Your answers to these questions could change depending on the complexity of each project.  
Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coinedcde.com](mailto:marcia@coinedcde.com).

## Life Insurance Annuity Glossary



J. Brendan Ryan, CLU, ChFC, MSFS  
I am a big believer in "immediate" or "income" annuities. But before we discuss them here, let me lay out a sort of glossary so that we are all on the same page. In all cases, these

refer to contracts issued by life insurance companies – only such insurers are allowed to offer the guarantees that annuities carry.

A qualified annuity is one designed to receive before-tax funds from qualified retirement plans.

A nonqualified annuity is designed to receive after-tax dollars.

A deferred annuity is one that receives dollars that the owner does not need to use at present. The money is held in the contract until withdrawn. Any gain in the value of that money is not currently taxed but will be taxed as ordinary income when withdrawn. Since neither the funds going into a qualified annuity nor the growth credited to it have been taxed until withdrawal, every dollar that comes out is taxed as ordinary income. Since nonqualified annuities receive after-tax dollars, only the untaxed gain is taxed upon withdrawal.

An immediate annuity does not defer a payout but begins to pay its regular amount annually, semiannually, quarterly or monthly at the election of the owner.

A fixed annuity is one that carries no market risk. Rather, the funds are held in the insurer's general account; and the insurer guarantees that no money will be lost. The insurer guarantees to pay interest, the amount of which for each annuity will vary with many factors.

A variable annuity puts a client's money in one or more "subaccounts" of the client's choosing. These are diversified portfolios of securities. The value of a client's account fluctuates with the composite performance of the securities in the selected subaccounts. The insurer does not guarantee the safety of the principal or

a return on the money.  
An immediate "income" annuity can be funded with:  
Dollars built up in the deferred phase of that annuity;  
A lump sum paid by the annuity owner including rollovers from a life-insurance policy or another annuity;  
After-tax dollars from whatever source, such as a certificate of deposit or savings account; or  
Before-tax dollars accumulated in a qualified retirement plan.  
What is truly unique about this kind of annuity is that it provides income that you cannot outlive (a single-life annuity). Or, if you prefer, it will guarantee an income payable as long as you and another person live (a joint annuity).  
Without such a lifetime guarantee, all one can do during retirement is withdraw money little by little and hope that they will not outlive their money. No one knows how long they will live. So, the non-annuity owner will, in all likelihood, have one of two outcomes. Either he or she will take out too much from time to time and deplete the asset before death, thus outliving their income, or they will take out so little, for fear of running out of money, that they cannot enjoy the full benefit of the money they worked so hard to accumulate.  
With a fixed immediate annuity, the insurer considers your age, sex and amount of money being applied, and determines how much level amount it can pay annually, semiannually, quarterly or monthly, as the owner chooses, guaranteed for the one or two lifetimes.  
With a variable immediate annuity, the insurer guarantees that a certain number of "units" will be paid at each interval for the one or two lifetimes. The value of the unit will vary with the composite value of the securities held in the subaccounts that the owner selected. So, the amount of each periodic payment changes accordingly.  
Social Security payments are a type of fixed immediate annuity that we all familiar with. If that source will not provide enough income to cover a retiree's regular, ongoing costs from month to month, an immediate annuity may be part of the solution.  
J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at [jbryanclu@aol.com](mailto:jbryanclu@aol.com).

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)



dearRPharmacist

## Can You Eat Dark Chocolate With A Milk Allergy?



by Suzy Cohen, RPh

**D**ear Readers: Dark chocolate is a staple in my house. What are you supposed to do if you're allergic to milk, and want to eat dark chocolate?

It's a good question. Milk is actually allowed as an ingredient in "dark" chocolate, but sometimes it produces a harmful allergy in dairy-sensitive individuals. The reality is that most chocolates contain some milk, and it's undisclosed.

The FDA actually tested 100 different brands of dark chocolate bars, and they specifically tested it for the presence of milk. Of these 100 bars, only six of them listed the ingredient of milk. The other 88 bars did not disclose milk as an ingredient, yet 51 of them contained milk. Dairy-tainted chocolates are among the most frequently reported allergic reactions.

It's unfortunate, but true that milk can get into a dark chocolate product even when it's not directly added. The problem happens because the dark chocolate is often produced on the same equipment that makes their milk chocolate bars. And traces of milk often inadvertently wind up in the dark chocolate batter. It's essentially a problem of cross-contamination. My best suggestion to you is to completely avoid dark chocolate (if you're allergic to milk or dairy) unless the brand you're buying is made on equipment dedicated to dark chocolate bars only. This is hard to find, but possible.

This is why it's difficult to place your trust in the food industry. They don't mean to make people sick, but their laziness or sloppiness can lead to pain and suffering for some of you. As a result, you see warnings on the label that serve as a wink of sorts. This product "may contain dairy" or "may contain traces of milk" or this one, "manufactured in a facility that uses milk." There are others but if you're my best friend, I would tell you to replace the word "may" with "probably."

The take-home message is you should not assume that your dark chocolate is free of milk, and you should not consume it if you have serious allergic reactions to milk, regardless of the label. I have a checklist of 14 alias names for milk-derived ingredients which may be hidden in your food. My list will help you find undisclosed milk in your candy bars and chocolates. If you'd like to receive that as well as the longer version of today's article, sign up for my newsletter at [www.suzycohen.com](http://www.suzycohen.com), and I will email this to you next week.

I'll also tell you why some chocolate bars aren't good for vegans. Here's a fun fact, white chocolate doesn't contain any cacao whatsoever, it's just a combination of cocoa butter, sugar, and milk, but no cocoa solids like dark and milk chocolate have. It's definitely something to avoid if you're dairy-intolerant or allergic to milk. In closing, when it comes to dark chocolate, the dairy free claims and statements on the label are best completely disregarded if the manufacturer fails to use dedicated machinery and equipment due to cross-contamination.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

From page 14B

## Wines In The Wild

Sanibel Catering Company, and Malia, one of Sanibel's newest restaurants. The foods will be paired at each station with specially selected complementary wines.

It will be a great opportunity to explore the grounds and unique features of the homestead while sampling wines donated by Il Cielo and Bailey's General Store, returning Wine Tasting Partner. There will be a dessert surprise in the homestead pavilion to top off the evening, music from the Danny Morgan Trio, and a live auction of special experiences. There will also be valet parking sponsored by Doc Ford's Rum Bar & Grille, and a thank you gift underwritten by Island Taxi.

"The auction features some great food and wine-related adventures," said Lindblad. "Those unable to attend are welcome to place bids in advance of the event."

Reservations for Wines in the Wild have sold out, but names can be placed on the waiting list by calling founding co-chair Linda Uhler at 472-3817.

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I'm trying to work on my resilience. Can you make some recommendations on how to increase resiliency?

**A:** Psychologists have identified some of the factors that make someone

resilient; among them are a positive attitude, optimism, the ability to regulate emotions, and the ability to see failure as some form of lesson and helpful feedback. Even after misfortune, resilient people are blessed with such an outlook that they are able to change course and bounce back.

Resilient people have the following:

Sense of autonomy – appropriate sense of independence from family dysfunction, being self-sufficient, determined to be different, having goals to build a better life;

They are calm under pressure and have the ability to regulate stress levels;

They have a rational thought process;

They have a healthy self-esteem and optimism;

They have happiness and emotional intelligence;

They have a life filled with meaning and purpose;

They have a sense of humor and see the light side of life;

Altruism (learned helpfulness) love and

compassion;

Character (integrity and moral strength);

Balance (engagement of a wide range of activities, such as hobbies, educational pursuits, jobs, social and cultural pastimes);

Adaptability (having persistence, confidence and flexibility, accepting what cannot be controlled, using creative problem-solving skills and active coping strategies);

Good health habits – getting sufficient sleep, proper nutrition and exercise, using alcohol in moderation, maintaining good personal appearance any hygiene. No use of tobacco.

Resilience continues and exists on a continuum, being able to "leap back or bounce back." If you work on all of the above, you will be living a healthy life in balance.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).

## Overeaters Anonymous

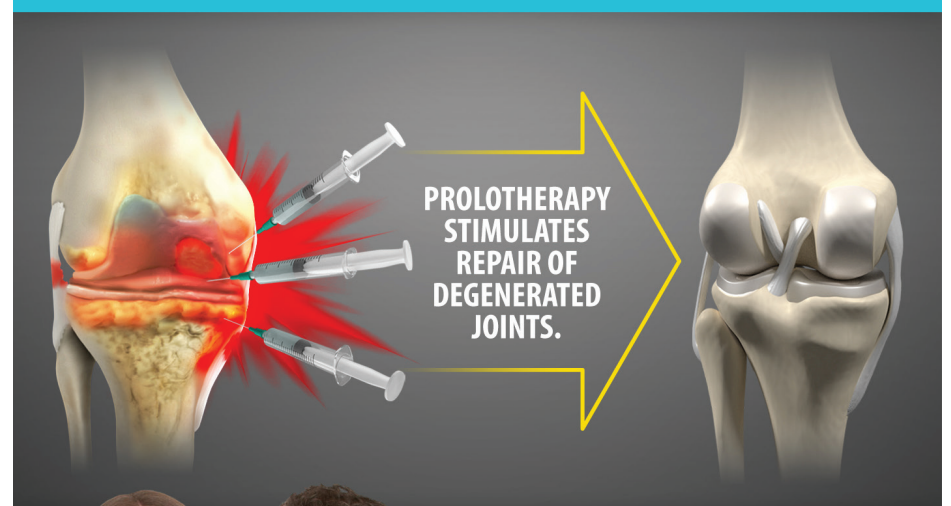
If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way.

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On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
<b>ARTS</b>	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	277-1700
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
Symphonic Chorale of SW Florida .....	560-5695
<b>CLUBS &amp; ORGANIZATIONS</b>	
ABWA - American Business Women's Assoc . .	http://abwasanibelcaptiva.org
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
COTI Committee of the Islands .....	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
Democratic Club of the Islands .....	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 .....	984-5920
FISH OF SANCAP Neighbors Helping Neighbors .....	472-4775
FISH. OF SANCAP 24-hr service .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. .....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	facebook.com/sancapshellclub
Sanibel Youth Soccer .....	www.sanibelsoccer.org
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
<b>ISLAND ATTRACTIONS</b>	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

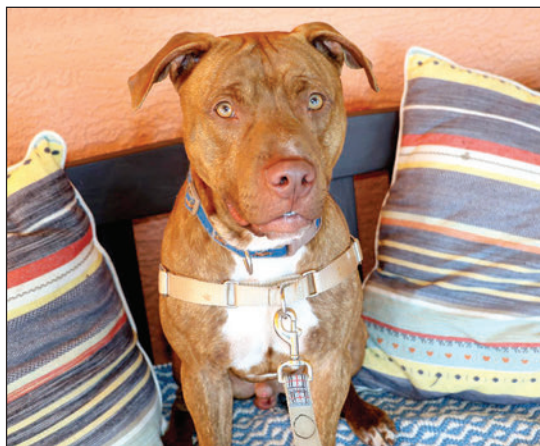
To be listed in calling card email your information to:  
press@islandsunnews.com

## PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

### Brody And Ditto



Brody ID# A752398

Hello, my name is Brody. I am a 2-year-old male pit bull mix who is a young and fun-loving boy that loves to chase bubbles in the play yard. My best bud at the shelter is Martin, and we can play for hours with them and chase tennis balls or each other. I am quite affectionate, and I get along well with other dogs. My ideal home would have a canine friend for me to hang out with.

My adoption fee is \$30.

Hi, I'm Ditto. I'm a 13-year-old domestic



Ditto ID# A754462

shorthair who has no idea that I am a super senior. I do not act my age and look much younger than my 13 years. I am super affectionate and will be your constant and loyal companion. It is obvious I have spent my life in a loving home that I misses. Will you provide my new one??

My adoption fee is \$10 adopt, and you can get a second cat for free with BOGO promotion.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\*

Haven on Earth Animal League

### Siamese And Dylan

Hi! I'm a beautiful 12-year-old male Siamese cat named Siamese. I am a very sweet kitty and am in need of a new home as my human can no longer keep me. I am looking for a quiet home with someone who wants to give me lots of affection. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.

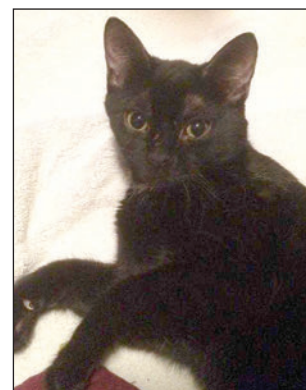
Hello, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite the playful kitten. I



Siamese

like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at [www.havenonearthanimalleague@yahoo.com](mailto:www.havenonearthanimalleague@yahoo.com).

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).\*

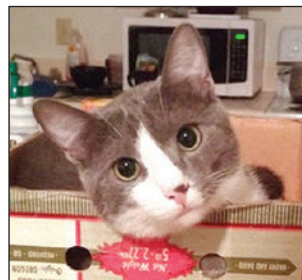


Dylan

PAWS Of Sanibel

### Sonny And Cher

This is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom



Sonny

has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.\*



Cher



## TD CONVERSION

1 Actress Paxton	54 Tanzania's — es	102 Cuddly "Star Wars" critter	cutting metal	"Fail Safe"	91 Euro divs.
5 Miss — (Dickens spinster)	55 Moniker	103 Office scribe	6 Year, in Brazil	48 Head organ	92 Pres. after FDR
13 Small-combo jazz genre	56 Quantity in a given area	104 TV "Science Guy" Bill	7 Movers' vehicles	49 Indian bread	95 Parseghian of Notre Dame
20 Even-steven	59 More irate about the cards one was dealt?	105 Rice field with a salami factory in the middle of it?	8 "Leave — me!"	50 Old Dodge hatchback	96 Goodie-filled gala gift
21 Hated thing	64 Work unit	110 Used a bat	9 Library unit	51 Mother of Helen, in myth	97 Pea holder
22 Like waves, to shorelines	65 Grain bundle	112 What sit-ups work	10 Skirt border	52 Dig deeply	98 Permitted
23 Disdain for cow milkers?	68 Rod go-with	113 "Yeah, bro"	11 Bit of gig gear	57 — Brothers ("Fight the Power" R&B group)	99 Coils around
25 Heeded, as a suggestion	69 Old region of Asia Minor	114 Cheer for a 12-Down	12 Torero	58 E'en if	100 Drench
26 Not be under the weather	70 Retaliation plan that's proceeding tediously?	117 Love of Tristan	13 Georgia fruit	60 Inert element	102 Dermis or Pen lead-in
27 Note before la	74 Mag revenue source	120 Scrounged	14 Symphony performer	61 The, to Klaus	105 "Dynasty" actress
28 "Moses" novelist Sholem	77 River of Florence	123 Rivals at auctions?	15 Boozing type	62 Achievement	106 "Three Men in —" (novel or film)
30 A, to Klaus	78 Dame Judi	127 Members of the mob	16 Mao — -tung	63 Snug-fitting	107 Yank's land
31 Ungenuine	79 Larch cousin	128 Underscored	17 — one's time (waited)	66 See 52-Across	108 "Metro" star
33 Give a tot some grub?	82 Statement about a tea box?	129 Elsa's sister in "Frozen"	19 1-cent coin	67 Unwavering	109 Sing on a peak, maybe
38 Psych., e.g.	86 Certain tax shelter	130 Written law	24 Rich boy in "Nancy" comics	70 Sells	111 Roving type
40 Trail rope	88 Author Blyton	131 Euros replaced them in the Netherlands	29 Pig holder	71 L.A.-to-Boise dir.	115 Loan out
43 Priam's city	89 LAPD division?	132 Lucy's guy	32 Tried	72 Dresses	116 Art Deco notable
44 Part of USSR: Abbr.	90 Julio's "eight"	<b>DOWN</b>	33 SFC or CPL	73 SFC or CPL	118 Cubs' homes
45 Tremble resulting from drawing curtains?	93 Driving club	1 Double — Oreos	34 Abbr. at JFK	74 Nailed	119 Morales of "Caprica"
48 Gas additive	94 Orate	2 Adviser, e.g.	35 Before, to Browning	75 Aarhus	121 Op. — (kin of "ibid.")
52 With 66-Down, she won a 1957 Tony for "Li'l Abner"	96 Sleep furniture designed for athletes?	3 Changing the nature of	36 — -i-noor diamond	76 Bank acct. guarantor	122 Astros, on a scoreboard
		4 Author — Rogers St. Johns	37 Novel by Sir Walter Scott	77 Forefront of an activity	124 Hospital div.
			38 Uppsala native, e.g.	78 Wry twist	125 Roman 601
			39 Apple quaff	79 Span	126 At any time, to Browning
			41 "Thar — blows!"	80 Most tenacious	
			42 Sharing word	81 Blue	
			46 — Plaines	82 Jays, on a scoreboard	

[illegible]**Answers on page 29B**[illegible]

R	C	Z	W	T	Q	N	J	G	D	A	X	U	R	O
L	J	G	D	A	X	V	S	P	N	E	K	I	F	S
C	A	L	B	E	X	V	S	Q	T	L	O	L	J	I
H	E	C	L	A	R	X	V	A	T	D	R	P	N	V
L	J	F	A	O	H	E	L	F	N	D	D	B	Y	E
X	I	V	N	T	R	P	T	R	T	A	I	R	A	L
R	P	O	K	M	N	D	K	S	I	S	D	G	C	D
E	D	B	E	I	T	S	E	V	L	T	R	N	H	I
Z	X	W	T	A	H	Y	O	B	W	O	C	U	A	R
U	T	R	Q	O	N	L	E	S	R	O	H	J	P	B
I	G	F	D	C	A	Y	X	W	V	B	T	S	S	S

Bandana	Bridle	Horse	Spurs
Bedroll	Chaps	Levi's	Tin plate
Blanket	Cowboy hat	Rifle	Vest
Boots	Holster	Saddle	



answer on page 31B

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

Joy

**DIPER** \_\_\_\_\_

## TODAY'S WORD

1		6			4	5		
	3			7			1	
		9	2					8
3				2		4		6
	8	4	1				2	
		5		6	3	7		
7	5		6			9		
8			5		9			7
		1		4			5	3

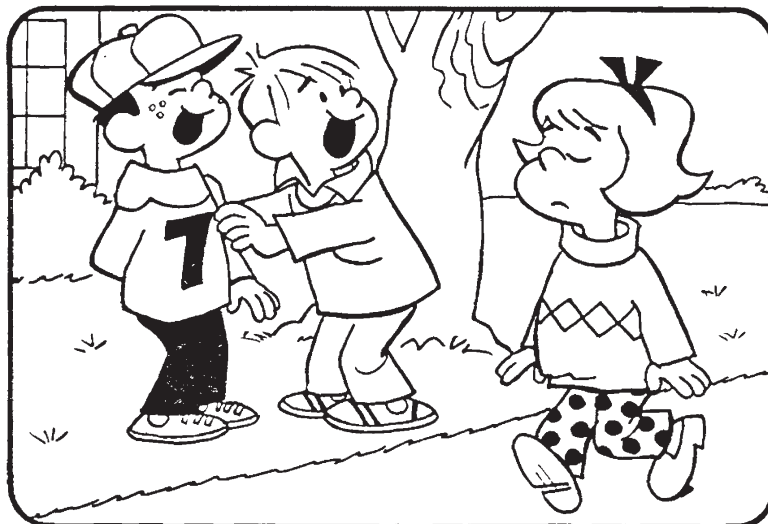
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

BY  
HENRY BOLTINOFF



## FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Stripe is missing. 3. Sign is missing. 4. Bow is smaller. 5. Balloon is missing. 6. Sweater design is different.

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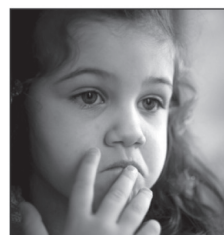
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# My Stars ★★★★★

## FOR WEEK OF NOVEMBER 5, 2018

**Aries** (March 21 to April 19) You enjoy the attention early in the week, but it might be a good idea to opt for some privacy by week’s end so that you can have more time to consider an upcoming decision.

**Taurus** (April 20 to May 20) You unearth some surprising facts. Now you need to consider how to use them to your advantage. Meanwhile, it might be best to keep what you’ve learned secret for now.

**Gemini** (May 21 to June 20) A comment by a colleague piques your curiosity to know more. Best advice: You’ll find people more likely to offer information if you’re discreet when making your inquiries.

**Cancer** (June 21 to July 22) Your energy levels begin to rise by midweek. This allows you to catch up with your heavy workload and still have plenty of get-up-and-go to go out on the town this weekend.

**Leo** (July 23 to August 22) You’re probably roaring your head off about a perceived slight from a longtime critic. Ignore it. That person might just be trying to goad you into doing something you might later regret.

**Virgo** (August 23 to September 22) The early part of the week is open to spontaneity. Then it’s time to settle into your usual routine to get all your tasks done. A personal situation could require more attention from you.

**Libra** (September 23 to October 22) A meeting of the minds on a workplace project might well develop into something more personal for Librans looking for romance. Aspects also are favorable for platonic relationships.

**Scorpio** (October 23 to November 21) A more-positive mood might be difficult to assume in light of a recent problem involving the health of someone special. But by week’s end, your emotional barometer should start to rise.

**Sagittarius** (November 22 to December 21) Look for a changed attitude from a former adversary once he or she realizes you have your colleagues’ full support. Now you can refocus your energies on that workplace project.

**Capricorn** (December 22 to January 19) This time, a difference of opinion might not be resolved in your favor. But be patient. It could all ultimately work out to your advantage, as new information begins to develop.

**Aquarius** (January 20 to February 18) A tug of war develops between the artistic Aquarian’s creative aspect and his or her practical side. Best advice: Prioritize your

schedule so you can give appropriate time to both.

**Pisces** (February 19 to March 20) You could be entering a career phase awash with job-related demands. But avoid being swamped by the overflow and, instead, keep treading water as you deal with demands one by one.

**Born This Week:** You are an exceptionally loyal person, and you’re respected for your ability to keep the secrets entrusted to you.

### STRANGE BUT TRUE

• It was early 20th-century Irish author Robert Wilson Lynd who made the following sage observation: “The belief in the possibility of a short decisive war appears to be one of the most ancient and dangerous of human illusions.”

• If you’re concerned about the rising cost of groceries, be grateful that you’re not a starfish parent. A young starfish eats 10 times

its own weight in food every day.

• The first car to offer seat belts – the Nash Rambler – rolled off the assembly line in 1950.

• You might be surprised to learn that the British are not the greatest tea drinkers in the world. That honor belongs to the Irish, who consume 1,200 cups per capita every year.

• The final battle of the Napoleonic Wars took place in June 1815 in the United Kingdom of the Netherlands, a site now in present-day Belgium. The Battle of Waterloo, where Napoleon met his final defeat, was delayed because the French emperor – and battle commander – couldn’t mount his horse. According to historians, Napoleon was suffering from hemorrhoids and couldn’t bear to sit in a saddle.

• Sandpaper can sharpen a dull pair of scissors. Fold a piece of sandpaper in half, rough side out, and make repeated cuts until the blades are sharp again.

• Fried lotus leaves are a popular snack in China.

- You’re probably aware that hot air is lighter than cold air, but did you know that hot water is heavier than cold water?
- Those who study such things say that Spain has more wildlife than any other European nation.

### THOUGHT FOR THE DAY

“The true measure of a man is how he treats someone who can do him absolutely no good.” -- Samuel Johnson

### SCRAMBLERS

1. Lurch; 2. Svelte;  
3. Memento; 4. Pride

Today’s Word  
**DIVORCE**



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Ibis Cove At Bonita Bay	Bonita Springs	1997	3,942	\$1,999,000	\$1,635,000	54
Sanibel Isles	Sanibel	1963	2,394	\$1,850,000	\$1,600,000	301
Fa Lanes Bayview	Captiva	2006	3,808	\$1,794,000	\$1,698,500	889
Shenandoah	Fort Myers	2003	4,427	\$1,250,000	\$1,115,000	36
Las Lomas	Cape Coral	2013	4,397	\$895,000	\$850,000	47
Not Applicable	Cape Coral	2007	3,189	\$869,800	\$805,000	178
Waterside	Estero	2000	2,964	\$848,000	\$775,000	362
Cape Coral	Cape Coral	1989	2,822	\$799,000	\$745,000	138
Bayland Heights	Fort Myers Beach	1979	1,758	\$797,500	\$795,000	3
Gumbo Limbo	Sanibel	1987	1,857	\$759,500	\$690,000	246





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• Phenomenal Rental Opportunity  
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